

Outta Love

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Kathy King (USA)
音乐: All Out of Love - Newton



Sequence: AB; AB; SHORT A; B TO END

PART A

2 WALKS, MAMBO RIGHT, 2 WALKS, MAMBO LEFT

1-2-3&4 Walk forward right, left, rock right to right, recover with left, step right to place (mambo)
5-6-7&8 Walk forward left, right, rock left to left, recover with right, step left to place (mambo)

2 ¼ PIVOTS TO LEFT, 2-COUNT VINE WITH CHA-CHA-CHA

1-2-3-4 Step forward with right, pivot ¼ to left, step forward with right, pivot ¼ to left
5-6-7&8 Step right to right, step left behind right, step right-left-right in place - (cha-cha-cha)

2 WALKS, MAMBO LEFT, 2 WALKS, MAMBO RIGHT

1-2-3&4 Walk forward left, right, rock left to left, recover with right, step left to place (mambo)
5-6-7&8 Walk forward right, left, rock right to right, recover with left, step right to place (mambo)

2 ¼ PIVOTS TO RIGHT, 2-COUNT VINE WITH CHA-CHA-CHA

1-2-3-4 Step forward with left, pivot ¼ to right, step forward with left, pivot ¼ to right
5-6-7&8 Step left to left, step right behind left, step left-right-left in place - (cha-cha-cha)

STEP-SLIDE-STEP-CLAP TO 1:00, STEP-SLIDE-STEP-CLAP TO 11:00

1-2-3-4 At 1:00, step right foot forward, slide left to place, step right forward, clap, clap on 4
5-6-7-8 At 11:00, step left foot forward, slide right to place, step left forward, clap, clap on 8

RIGHT KICK BALL CHANGE, TOE BEHIND, ½ TURN LEAVING WEIGHT ON RIGHT, STEP LEFT, TOUCH, STEP RIGHT, LEFT TOUCH

1&2-3-4 Right kick ball change, position right toe directly behind left foot (3), turn ½ to right & place weight on right foot (4)
5-6-7-8 Step left to left, touch right to place, step right to right, touch left to place

LEFT KICK BALL CHANGE, TOE BEHIND, ½ TURN LEAVING WEIGHT ON LEFT, STEP RIGHT, TOUCH, STEP LEFT, RIGHT TOUCH

1&2-3-4 Left kick ball change, position left toe directly behind right foot (3), turn ½ to left & place weight on left foot (4)
5-6-7-8 Step right to right, touch left to place, step left to left, touch right to place

RIGHT FRONT ROCK, RECOVER, COASTER STEP, LEFT FRONT ROCK, RECOVER, COASTER STEPS

1-2-3&4 Rock right to front, recover with left, step right back (3), step left to place (&), step right forward (4) (coaster step)
5-6-7&8 Rock left to front, recover with right, step left back, step right to place, step left forward

SYNCOPATED HEELS, CLAP-CLAP

1&2&3&4& Right heel forward, right to place, left heel forward, left to place, right heel forward, hold on 4 (at same time clap-clap on &4), bring right foot to place (&)
5&6&7&8& Left heel forward, left to place, right heel forward, right to place, left heel forward, hold on 8 (at same time clap-clap on &8), bring left heel to place on (&)

PART B

RIGHT FORWARD SHUFFLE, 360 TURN, HOLD, RIGHT FORWARD SHUFFLE, 180 TURN, HOLD

- 1&2-3-4 Right forward shuffle, with weight on left foot, turn full turn to right and hold on 4
5&6-7-8 Right forward shuffle, with weight on left foot, turn ½ turn to right. (you'll of turned 1 ½ times in this 8 beats)

RIGHT ROCK BACK, (RIGHT-LEFT-RIGHT) CHA-CHA-CHA, LEFT ROCK BACK, (LEFT-RIGHT-LEFT) CHA-CHA-CHA

- 1-2-3&4 Rock back on right, recover left, right-left-right cha-cha-cha
5-6-7&8 Rock back on left, recover right, left-right-left cha-cha-cha

3 WALKS FORWARD (RIGHT-LEFT-RIGHT), SCUFF-HITCH, 3 WALKS FORWARD (LEFT-RIGHT-LEFT), SCUFF-HITCH

- 1-2-3&4 Walk forward right, left, right, scuff left on &, step to place with right
5-6-7&8 Walk forward left, right, left, scuff right on &, step to place with left

RIGHT VINE WITH TOUCH, LEFT VINE WITH ¼ TURN TO LEFT AND HITCH

- 1-2-3-4 Right vine, touch left to place on 4
5-6-7-8 Left vine with ¼ turn to left (5, 6, 7), hitch right leg 4

PART A (SHORT)

2 WALKS, MAMBO RIGHT, 2 WALKS, MAMBO LEFT

- 1-2-3&4 Walk forward right, left, rock right to right, recover with left, step right to place (mambo)
5-6-7&8 Walk forward left, right, rock left to left, recover with right, step left to place (mambo)

2 ¼ PIVOTS TO LEFT, 2-COUNT VINE WITH CHA-CHA-CHA

- 1-2-3-4 Step forward with right, pivot ¼ to left, step forward with right, pivot ¼ to left
5-6-7&8 Step right to right, step left behind right, step right-left-right in place - (cha-cha-cha)

2 WALKS, MAMBO LEFT, 2 WALKS, MAMBO RIGHT

- 1-2-3&4 Walk forward left, right, rock left to left, recover with right, step left to place (mambo)
5-6-7&8 Walk forward right, left, rock right to right, recover with left, step right to place (mambo)

2 ¼ PIVOTS TO RIGHT, 2-COUNT VINE WITH CHA-CHA-CHA

- 1-2-3-4 Step forward with left, pivot ¼ to right, step forward with left, pivot ¼ to right
5-6-7&8 Step left to left, step right behind left, step left-right-left in place - (cha-cha-cha)

2 ANGLING STEP-SLIDE-CHA-CHA-CHAS-CLAPS, JUMP UP-CLAP, JUMP BACK-CLAP, OUT OUT, IN IN TWICE

- 1-2-3&4 Angling to 1:00, step right forward, slide left to place, right cha-cha-cha (clap-clap on &4)
5-6-7&8 Angling to 11:00, step left forward, slide right to place, left cha-cha-cha (clap-clap on &8)

- &1-2&3-4 Jump up, clap, jump back, clap
&5&6&7&8 Beginning with right foot - out, out, in in, again, begin right foot - out, out, in, in
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