

Outta Line

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate/Advanced
编舞者: Scott Blevins (USA)
音乐: (If You're Not In It for Love) I'm Outta Here! - Shania Twain



RUNNING MAN

- 1& Stomp right foot forward; scoot right foot back and lift left foot up and beside right calf at the same time
2& Stomp left foot forward; scoot left foot back and lift right foot up and beside left calf at the same time
3& Stomp right foot forward; scoot right foot back and lift left foot up and beside right calf at the same time
4& Stomp left foot forward; scoot left foot back and lift right foot up and beside left calf at the same time

STOMP, CLAP, AND, STOMP, CLAP

- 5-6 Stomp right foot forward clap hands
& Step left foot next to right foot
7-8 Stomp (up) right foot forward, clap hands

HOOK & CROSS, STOMP, KICK, CROSS

- 9 Hook (cross) right foot behind left foot
& Step left foot to left side
10 Step (cross) right foot in front of left
11 Stomp left foot next to right foot
& Kick left foot at 45 degree angle left
12 Cross left foot in front of right foot, left toe on floor
13-14 Unwind slowly ½ turn to the right
15-16 Do a hip roll to the right

KICK, STEP, HEEL, AND, FORWARD, ½ TURN

- 17 Kick right foot forward
& Step right foot next to left foot
18 Touch left heel forward
& Step left foot next to right foot
19 Step right foot forward
20 Pivot ½ turn left on ball of left foot

STOMP, TWIST, TWIST, LIFT, PLACE, CLAP

- 21 Stomp right foot forward
& On balls of both feet: twist right heel to left twist left heel to right at the same time
22 Straighten heels
& Lift right knee up
23 Place right foot shoulder with from left foot
24 Clap

SNAKE LEFT, SNAKE RIGHT

- 25-26 Complete a side moving body roll to the left
27-28 Complete a side moving body roll to the right (with weight ending on left foot)

ELECTRIC BOOGIE

- & Step right foot back at 45 degree angle right

- 29 Touch left heel forward at 45 degree angle left
& Step left foot in place
30 Place right foot next to left foot
& Step left foot back at 45 degree angle left
31 Touch right heel forward at 45 degree angle right
& Step right foot in place
32 Place left foot next to right foot

STEP, TURN, STEP, TURN

- 33 Step left foot forward
34 Pivot ½ turn right on ball of right foot
35 Step left foot forward
36 Pivot ½ turn right on ball of right foot

LEFT, RIGHT, SCOOT, SCOOT, LIFT

- &37 Step left foot forward, step right foot even with left but shoulder width apart
38-39 Scoot forward on both feet twice
40 Lift right knee up and clap

RIGHT 1 ¼ ROLLING VINE

- 41 Step right foot ¼ turn to right side
42 Pivot ½ turn right on ball of right foot step back with left foot
43 Pivot ½ turn right on ball of left foot step forward with right foot
44 Step left foot even with right foot but a shoulder width apart

ELVIS KNEES ****

- 45 Bend right knee towards left leg
46 Straighten right leg, bend left knee towards right leg
47 Straighten left leg, bend right knee towards left leg
& Straighten right leg, bend left knee towards right leg
48 Straighten left leg, bend right knee towards left leg

REPEAT
