

Outta Control

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Charlie Bowring (UK)
音乐: She's Crazy for Leaving - Rodney Crowell



STRUTS 'N' ROCK, HOLD

1-4 Right & left toe struts forward
5-8 Step right forward, rock back on to left, step right back, hold

STRUTS 'N' ROCK, HOLD

9-12 Left & right toe struts back
13-16 Step left back, rock forward onto right, step left forward, hold

ROCK, ROCK BEHIND HOLD, ROCK, ROCK, ACROSS HOLD

17-20 Step right to side, rock onto left, step right behind left, hold
21-24 Step left to side, rock onto right, step left across right, hold

ROCK, ¼ TURN, STEP HOLD, LEFT STEP FORWARD, HOLD

25-28 Step right to side, rock onto left turning ¼ turn left, step right forward, hold
29-32 Step left forward, step right up behind and to left of left, step left forward, hold

STEP PIVOT ½, TURN ½ STEPPING RIGHT BACK, HOLD, BACK LEFT, LOCK, LEFT, HOLD

33-36 Step right forward, pivot ½ turn left, ½ turn left on ball of left stepping right back, hold
37-40 Step left back, step right across in front of left, step back left, hold

SWEEP, BEHIND, SIDE, CROSS, ¼ TURN, LEFT STEP FORWARD

& Sweep right round to back
41-44 Step right behind left, step left to side, step right across, hitch left turning ¼ turn right on ball of right
45-48 Step left forward, step right up behind and to left of left, step left forward, hold

STEP, PIVOT ½, STEP, CLAP, STEP, PIVOT ½, STEP, CLAP

49-52 Step right forward, pivot ½ turn left, step right forward, clap
53-56 Step left forward, pivot ½ turn right, step left forward, clap

RIGHT MAMBO FORWARD, HOLD, LEFT MAMBO BACK, HOLD

57-60 Step right forward, rock back on to left, step right in place, hold
61-64 Step left back, rock forward on to right, step left in place hold

REPEAT
