

Outside The Box

拍数: 92 墙数: 0 级数:
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音乐: The Box - Diamond Rio



Sequence: 1-92, 1-16, 1-92, TAG, 1-16, 49-92, 1-32

MAMBOS

1&2 Step forward on left, step in place on right, step together with left
3&4 Step back on right, step left in place, step together with right
5&6 Step forward on left, step in place on right, step together with left
7&8 Step back on right, step left in place, step together with right

SIDE MAMBOS, MONTEREY TURN

1&2 Step left to left side, step right in place, step together with left
3&4 Step right to right side, step in place with left, step together with right
5-6 Touch left toe out to left side, touch left toe next to right foot
7-8 Do ½ turn left, hold

1-16 Repeat previous 16 counts

FAN STEPS (TWICE), COASTER, STEP

1-2 Step forward on right heel, fan right foot to right
3-4 Step forward on left heel, fan left foot to left (keep weight on right)
5&6 Step back left, step together right, step forward left
7 Step forward right
8 Begin 1 ½ turn to the left with left leg hitched

1 ½ TURN, FEET OUT TOGETHER OUT, STEP LOCKS, STEP

1 Complete 1 ½ turn
2 Land with feet shoulder-width apart
3&4 Hop bringing feet together, hop bringing feet shoulder-width apart, hop bringing feet back together
5-6 Step forward on left, lock right foot behind left
7&8 Step forward on left, lock right foot behind left, step forward on left

Here's count 49

STEP, ½ TURN SAILOR, ¼ TURN SAILOR, STEP ½ TURN, FORWARD TRIPLE

1 Step right to right side
2&3 Left sailor while doing ½ turn to right
4&5 Right sailor while doing ¼ turn to left
6 Do ½ turn stepping forward on left
7&8 Step forward right, step forward left, take big step on right while doing ¼ turn to the left

TOUCH, STEP, CROSS STEP, RONDE, SAILOR, SHUFFLE/ROCK

1-2 Touch left toe next to right foot, step left to left side
3-4-5 Cross right over left, do full turn with ronde (weight on right)
6&7 Step left behind right, step together right, step forward left
8&1 Shuffle forward right-left-right (ending by rocking forward on that last right)

RECOVER, DRAG, TRIPLE STEP

2 Recover on left
3 Take big step back on right

4-5 Drag left to right (keep weight on right foot)
6&7 Triple step left-right-left

MAMBO TWINKLES, CROSS ROCK/RECOVER, SIDE SHUFFLE

8&1 Cross right over left, step left to left side (on toes), step right together (on toes)
2&3 Cross left over right, step right to right side (on toes), step left together (on toes)
4&5 Cross right over left, step left to left side (on toes), step right together (on toes)
6-7 Cross left over right, recover back on right
8&1 Shuffle left-right-left to the left side

CROSS ROCK/RECOVER, SIDE SHUFFLE, CROSS ROCK/ RECOVER

2-3 Cross right over left, recover back on left
4&5 Shuffle right-left-right to right side
6-7 Cross left over right, recover back on right
8&1 Shuffle left-right-left to left side

FULL SWEEP TURN

2-3-4 Sweep turn to left (ending with weight on right foot)

REPEAT

TAG

CROSS ROCK/RECOVER, SIDE SHUFFLE (TWICE)

1-2 Cross right over left, recover back on left
3&4 Shuffle right-left-right to right side
5-6 Cross left over right, recover back on right
7&8 Shuffle left-right-left to left side

CROSS ROCK/RECOVER, SIDE SHUFFLE, ROCK/RECOVER, ½ TURN

1-2 Cross right over left, recover back on left
3&4 Shuffle right-left-right to right side
5-6 Rock forward on left, recover back on right
7&8 Do ½ turn to the left, while stepping left-right
