

Outside Inside Out

COPPER KNOB
STEPSHEETS

拍数: 46 墙数: 4 级数: Intermediate
编舞者: MiB
音乐: Livin' la Vida Loca - Ricky Martin



SIDE, TOGETHER, STEP FORWARD, HOLD, LEFT SCISSOR STEP, HOLD

1-4 Step right to side, step left beside right, step forward right, hold
5-8 Step left to side, close right beside left, step left across right, hold

RIGHT SIDE STRUT, BACK ROCK, LEFT SIDE STRUT, ROCK BACK

1-4 Step right toe to right, drop right heel, rock back on left, rock forward on right
5-8 Step left toe to left, drop left heel, rock back on right, rock forward on left

EXTENDED VINE RIGHT, STEP FORWARD, HOLD, PIVOT ½ LEFT, HOLD

1-4 Step right to side, cross left behind right, step right to side, cross left over right
5-8 Step right forward, hold, on ball of right pivot ½ left, stepping left forward, hold (6:00)

Restart during 3rd wall

EXTENDED VINE RIGHT, SIDE HOLD, SHIFT ¾ TURN LEFT, HOLD

1-4 Step right to side, cross left behind right, step right to side, cross left over right
5-8 Step right to side, hold, on ball of right shift ¾ left turn, stepping left to side, (9:00)

RIGHT SIDE, TOGETHER, SIDE, TOUCH, LEFT SIDE, TOGETHER, SIDE, TOUCH

1-4 Step right to right side, close left next to right, step right to side, point left next to right
5-8 Step left to left side, close right next to left, step left to left side, point right next to left

Restart during 7th wall

TOE STRUT, WALK, LEFT COASTER, HOLD

1-4 Toe strut forward with the right foot, walk forward left, right,
5-6 Left coaster, hold

REPEAT

RESTART

On 3rd wall (6:00) dance till count 24, then restart (facing front wall) 12:00

On 7th wall (3:00) dance till count 40, then restart (facing front wall) 12:00

On 11th wall(3:00) dance 1st 8 count, then restart (facing 3:00) wall
