

Outpost (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: Rick Bates (USA) & Deborah Bates (USA)
音乐: I Like It, I Love It - Tim McGraw



Position: Right Side-By-Side position

LEFT KICK-BALL-CHANGES, STEP FORWARD, TOUCH

1&2 Kick left foot forward; step on ball of left foot next to right; step right foot next to left
3&4 Kick left foot forward; step on ball of left foot next to right; step right foot next to left
5-6 Step forward on left foot; touch right foot next to left
 Right kick-ball-changes, step forward, touch
7&8 Kick right foot forward; step on ball of right foot next to left; step left foot next to right
9&10 Kick right foot forward; step on ball of right foot next to left; step left foot next to right
11-12 Step forward on right foot; touch left foot next to right

MILITARY PIVOTS TO THE RIGHT

Man and lady releases left hands and raise right hands

13-14 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot
15-16 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

Rejoin left hands returning to side-by-side position

VINE LEFT, TOUCH, VINE RIGHT, TOUCH

17-18 Step to the left on left foot; cross right foot behind left and step
19-20 Step to the left on left foot; touch right foot next to left
21-22 Step to the right on right foot; cross left foot behind right and step
23-24 Step to the right on right foot; touch left foot next to right

ROCK STEPS, TURNING SHUFFLES

Man and lady do not release hands on these turning shuffles

25-26 Step back on left foot; rock forward onto right foot
27&28 Shuffle forward slightly (left, right, left) making a ½ turn to the right on these steps to face RLOD
29-30 Step back on right foot; rock forward onto left foot
31&32 Shuffle forward slightly (right, left, right) making a ½ turn to the left on these steps to face LOD

ROCK STEPS, TURNING SHUFFLE, ROCK STEPS, MAN'S SHUFFLE IN PLACE, LADY'S SHUFFLE-TOUCH

33-34 Step back on left foot, rock forward on right foot

Man's left hand passes over lady's head as she turns

35&36 **MAN:** Shuffle in place (left, right, left) making a ¼ turn to the right on these steps
 LADY: Shuffle in place (left, right, left) making a ¾ turn on these steps

Man and lady now face each other with crossed hands, left over right (man faces OLOD lady faces ILOD)

37-38 Step back on right foot, rock forward on left foot
39&40 Shuffle in place (right, left, right)

MAN AND LADY'S WEAVE

41 **MAN:** Step to the left on left foot
 LADY: Step to the right on right foot

42 **MAN:** Cross right foot behind left and step
 LADY: Cross left foot behind right and step
43 **MAN:** Step to the left on left foot
 LADY: Step to the right on right foot
44 **MAN:** Cross right foot over left and step
 LADY: Cross left foot over right and step
45 **MAN:** Step to the left on left foot
 LADY: Step to the right on right foot
46 **MAN:** Cross right foot behind left and step
 LADY: Cross left foot behind right and step
47 **MAN:** Step to the left on left foot
 LADY: Step to the right on right foot
48 **MAN:** Step right foot next to left
 LADY: Touch left foot next to right

ROCK STEPS, TURNING SHUFFLES, ROCK STEPS, FORWARD SHUFFLE

49 Step back on left foot
50 Rock forward onto right foot

Do not release hands. Left hand passes back over lady's head as she turns.

51&52 **MAN:** Shuffle in place (left, right, left) making a $\frac{1}{4}$ turn to the left on these steps
 LADY: Shuffle in place (left, right, left) making a $\frac{3}{4}$ turn to the left on these steps

Partners end up facing LOD back in right side-by-side position

53 Step back on right foot
54 Rock forward onto left foot
55&56 Shuffle forward (right, left, right)

FORWARD SHUFFLE, FULL TURNING WINDMILL SHUFFLES TO THE LEFT, FORWARD SHUFFLE

57&58 Shuffle forward (left, right, left)
 Release left hands, man's right arm passes over lady's head..
59&60 Shuffle (right, left, right) toward LOD making a $\frac{1}{2}$ turn to the left on these steps

Rejoin left hands and release right hands. Man's left arm passes back over lady's head..

61&62 Shuffle (left, right, left) towards LOD making a $\frac{1}{2}$ turn to the left on these steps

Rejoin right hands back in right side-by-side position.

63&64 Shuffle forward (right, left, right)

REPEAT
