

The Outlaw

拍数: 64 墙数: 4 级数:
编舞者: Rhonda Clemons (USA)
音乐: Jailhouse Rock - Elvis Presley



- 1 Touch left heel out on left diagonal
 - 2 Cross left foot over right leg
 - 3 Step left foot out on left diagonal
 - 4 Slide right foot to meet left & change weight to right foot
 - 5 Touch left heel out on left diagonal
 - 6 Cross left foot over right leg
 - 7 Step left foot out on left diagonal
 - 8 Slide right foot to meet left & do not change weight to right foot
-
- 1 Step back on right diagonal with right foot
 - 2 Drag left foot to meet right & change weight to left foot & clap
 - 3 Step back again on right diagonal with right foot
 - 4 Drag left foot to meet right & do not change weight to left foot & clap
 - 5 Step back on left diagonal with left foot
 - 6 Drag right foot to meet left & change weight to right foot & clap
 - 7 Step back again on left diagonal with left foot
 - 8 Drag right foot to meet left & do not change weight to right foot & clap
-
- 1 Touch right heel out on right diagonal
 - 2 Cross right foot over left leg
 - 3 Step right foot out on right diagonal
 - 4 Slide left foot to meet right & change weight to left foot
 - 5 Touch right heel out on left diagonal
 - 6 Cross right foot over left leg
 - 7 Step right foot out on right diagonal
 - 8 Slide right foot to meet right & do not change weight to left foot and clap
-
- 1 Step back on left diagonal with left foot
 - 2 Drag right foot to meet left & change weight to right foot & clap
 - 3 Step back again on left diagonal with left foot
 - 4 Drag right foot to meet left & do not change weight to right foot & clap
 - 5 Step back on right diagonal with right foot
 - 6 Drag left foot to meet right & change weight to left foot & clap
 - 7 Step back again on right diagonal with right foot
 - 8 Drag left foot to meet right & do not change weight to left foot & clap
-
- 1 Step left with left foot
 - 2 Step right foot behind right
 - 3 Step left again with left foot, turn $\frac{1}{4}$ turn to your left
 - 4 Scuff right heel
 - 5 Step right with right foot
 - 6 Step left foot behind right
 - 7 Step right again with right foot
 - 8 Stomp left foot
-
- 1-2 Wiggle hips twice to the left

3-4 Wiggle hips twice to the right
5 Wiggle hips left
6 Wiggle hips right
7 Wiggle hips left
8 Wiggle hips right

1 Scuff left foot
2 Step forward on left foot
3 Scuff right foot
4 Step forward on right foot
5 Walk backward left
6 Walk backward right
7 Walk backward left
8 Touch right next to left

1 Scuff right foot
2 Step forward on right foot
3 Scuff left foot
4 Step forward on left foot
5 Walk backward right
6 Walk backward left
7 Walk backward right
8 Touch left next to right

REPEAT

After going through this dance 3 times, there will be a 32 count break in the music. The following are moves designed for the break.

Do the twist. (count 1-8, then 1-7) on count 8, turn $\frac{1}{2}$ turn to you left. Repeat last 16 counts again.
