

Outlaw Twist

拍数: 64 墙数: 0 级数:
编舞者: Val Reeves (UK)
音乐: Any medium 32 or 64 count music



- 1-8 Right heel forward & back in place, left heel forward & back in place, repeat
9-12 Right heel to side 45 degrees forward & hold, right heel across left & hold
13-16 Right heel to side 45 degrees forward, right heel across left, right heel to side 45 degrees forward & hold
- 17-20 Right foot back in place, left foot step forward, right foot step forward, stomp in place & hold
21-28 Repeat steps 1-8 but start on left foot
29-32 Left heel to side 45 degrees forward & hold, left heel across right & hold
- 33-36 Left heel to side 45 degrees forward, left heel cross right, left heel to side 45 degrees forward & hold
37-40 Left foot step back in place, right foot step forward, left foot step forward stomp in place & hold
41-44 Right foot step forward, left foot step forward, right foot step forward stomp in place & hold
45-48 Swivel heels to right & hold (you will turn $\frac{1}{4}$ to left), swivel heels back to center & hold
- You will be back in line**
- 49-52 Right foot step back, left foot step back, right foot step back stomp in place & hold
53-56 Swivel heels to left & hold (you will turn $\frac{1}{4}$ to right), swivel heels back to center & hold
- You will be back in line**
- 57-64 Swivel on ball of left foot while using heel & toe of right foot to push you around $\frac{3}{4}$ turn on 8 beats turning to your left (heel, toe, heel, toe, heel, toe, heel, toe) twist movement

You will swivel on ball of left foot

REPEAT
