

Outlaw Polka

COPPER KNOB
STEPPERS

拍数: 56 墙数: 4 级数: Intermediate/Advanced
编舞者: Bob Grady
音乐: Turn It Loose - The Judds



HEEL SWIVELS

1-4 Swivel heels right, center, right, center
5-8 Swivel heels left, center, left, center

SCOOTS

9- 10 Touch left heel forward, hook in front of right knee
11- 12 Scoot forward on right foot twice
13- 14 Step forward on left foot, scuff/brush right foot beside left

15- 16 Touch right heel forward, hook in front of left knee
17- 18 Scoot forward on left foot twice

VINE, SWING & SLAP

19-21 Vine right (step right, left behind, step right)
22 Hook left foot in front of right knee and slap with right hand
23 Swing left foot out to left side and slap with left hand
24 Swing left foot behind right leg and slap with right hand

25-27 Vine left (step left, right behind, step left)
28 Hook right foot in front of left knee and slap with left hand
29 Swing right foot out to right side and slap with right hand
30 Swing right foot behind left leg and slap with left hand

KICK-BALL-CHANGES

31&32 Kick-ball-change beginning on right foot
33&34 Kick-ball-change beginning on right foot

PIVOTS

35- 36 Step forward on right foot, pivot ½ turn to left
37- 38 Step forward on right foot, pivot ½ turn to left

HEEL TOUCHES

39 Step forward on right foot
40 Touch left heel forward at 12 o'clock
41 Touch left heel forward at 10 o'clock
42 Touch left heel forward at 9 o'clock (toe is now pointing ¼ turn to left)

PIVOTS

43 Put weight on left foot as body follows foot to complete ¼ turn to left started in step 42
44 Scuff right foot forward
45 Scuff right foot backwards (preparing to pivot ½ turn to the right)
46 Pivot ½ turn to the right on ball of left foot
47 Step right foot in place
48 Stomp left foot next to right

HEEL/TOE TOUCHES

- 49 Touch right heel forward
- 50 Touch right toe out to right side
- 51 Touch right toe behind
- 52 Stomp right foot next to left

- 53 Touch left heel forward
- 54 Touch left toe out to left side
- 55 Touch left toe behind
- 56 Stomp left foot beside right

REPEAT
