

Outlaw Ambush

拍数: 26 墙数: 2 级数:
编舞者: Louise Goward (UK)
音乐: Better Your Heart Than Mine - Trisha Yearwood



FOOT BOOGIES TO RIGHT WITH FEET TOGETHER

- 1 Shift weight onto heels and swing toes out to right (so toes point 45 degrees to the right)
- 2 Shift weight onto balls of feet and swing heels a quarter turn to the right (so toes point 45 degrees to the left)

SHUFFLE STEPS TOWARDS THE RIGHT SIDE WALL & ROCK STEP

- 3 (shuffle steps backwards to the right) with body and feet facing diagonally left, step to right with right foot
- & Bring left foot beside right
- 4 Step to right with right foot
- 5 (rock step) turning body left to complete a quarter turn from the front wall, step back on left, lifting right foot slightly (now facing wall 2)
- 6 Replace right foot a step ahead of the left

PIVOTS & KICK-BALL-CHANGE

- 7 Long step forward on left (right foot is behind left)
- 8 Spin both feet in place to pivot a half turn to right (now facing wall 4 with left foot behind right)
- 9 Long step forward on left
- 10 Spin both feet in place to pivot a half turn to right (now facing wall 2 with left foot behind right)
- 11 Bring left foot through from behind and kick left foot forward
- & Land on left foot, raising right foot up slightly
- 12 Step back on right foot
- 13 Hold position and clap hands in air

PIVOT & STOMPS

- 14 Spin both feet in place to pivot a half turn to right (now facing wall 4 with left foot behind right)
- 15 Stomp left foot beside right, clapping hands at the same time
- 16 Stomp right foot beside left, clapping hands at the same time

TOE & HEEL SPLITS, CROSS & TWIST

- 17 Split toes apart keeping heels together (toes should point away from each other at 45 degree angles)
- 18 From current position, spin on balls of feet to split heels apart (this will feel slightly odd, with feet apart and toes pointing towards each other at 45 degree angles)
- 19 Jump to bring feet back crossed, with right foot behind left
- 20 Uncross by twisting body around a quarter turn to right spinning both feet in place (now facing wall 3)

CHARLESTON KICK

- 21 Step forward on left
- 22 Kick right foot forward
- 23 Step back on right
- 24 Touch left toe backward
- 25 Bring left foot together beside right
- 26 Stomp right foot beside left

REPEAT

