

Out Of My Mind

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Jo Kenyon (UK)
音乐: Out of My Mind - Will Young



WALKS FORWARD, KICK, WALKS BACK, TOUCH

1-2 Step right forward, step left forward
3-4 Step right forward, kick left forward
5-6 Step left back, step right back
7-8 Step left back, touch right to left

WALKS FORWARD, KICK, WALKS BACK, TOUCH

1-2 Step right forward, step left forward
3-4 Step right forward, kick left forward
5-6 Step left back, step right back
7-8 Step left back, touch right to left

FULL TURN TO RIGHT CLAP, GRAPEVINE TO LEFT CLAP

1-2 Step right to right side, step left over right turning $\frac{1}{2}$ to right
3-4 Step right back turning $\frac{1}{2}$ to right, touch left to right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, touch right beside left and clap

FULL TURN TO RIGHT CLAP, GRAPEVINE TO LEFT CLAP

1-2 Step right to right side, step left over right turning $\frac{1}{2}$ to right
3-4 Step right back turning $\frac{1}{2}$ to right, touch left to right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, touch right beside left and clap

KICK BALL CHANGES, SIDE, CLOSE, SIDE, CLOSE

1&2 Kick right forward, right in place, left in place (small steps)
3&4 Kick right forward, right in place, left in place (small steps)
5-6 Step right to right, close left to right
7-8 Step right to right, close left to right

HEEL, TOE, HEEL, LIFT, BACK TWINKLE

1-2 Right heel forward, right toe tap back
3-4 Right heel forward, lift right knee up turning $\frac{1}{4}$ to left
5-6 Step right back, close left to right
7-8 Step right forward, close left to right

REPEAT
