

# Out Of My Mind

COPPERKNOB  
STEPSHETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Craig Bennett (UK)  
音乐: Out of My Mind - Will Young



- 1-2            Walk forward right, then left  
3-4            Rock forward on right, recover back onto left  
5&            Step back right, step left together  
6              Make ¼ turn left stepping right to right side  
7&            Cross left over right, step right to right side  
8              Touch left diagonally forward left
- &9-10        Step left beside right, cross right over left, touch left to left side  
&11          Step left beside right, touch right to right  
&12          Flick right out to right side, touch right forward  
13&14        Swivel both heels - out, in, out  
&15          Jump feet apart stepping - right then left  
&16          Lift heels up and down popping knees forward
- 17-18        Rock to left side on left, recover onto right  
19&20        Left sailor ¼ turn left  
21-22        Step right forward, hold  
&23-24        Step left beside right, step right forward, touch left beside right
- 25            Step left back making ½ turn left  
26            Make further ½ turn left stepping right back  
27            Make ¼ turn left stepping left to left side  
28            Touch right beside left  
29            Step right to right side bumping hips right  
30            Touch left toe to left side  
31&32        Bump hips left twice taking weight over to left

**REPEAT**

**RESTART**

On 2nd wall after count 24 (step left in place instead of a touch) start again and enjoy

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