Oul Rig-A-Doo

级数: Intermediate



拍数: 32

墙数:2

编舞者: John Wilson (UK)

音乐: Irish Medley - The Chicks

BACK MAMBO STEP, STEP, ½ TURN HEEL BOUNCES, BACK MAMBO STEP, STEP, ½ TURN HEEL BOUNCES

- 1&2 Step back on right foot, step left foot in place, step forward on right
- 3&4 Step forward on left foot, on ball of both feet pivot ½ turn right as you bounce on heels twice
- 5&6 Step back on right foot, step left foot in place, step forward on right
- 7&8 Step forward on left foot, on ball of both feet pivot ¹/₂ turn right as you bounce heel twice

1⁄4 TURN RIGHT SHUFFLE, 1⁄2 TURN SHUFFLE, BACK COASTER STEP, ROCK AND CROSS

- 9&10 Step ¼ turn right on right foot, close left behind right, step forward on right foot
- 11&12 Step forward on left making 1/2 turn right, close right beside left, step left beside right
- 13&14 Step back on right, step left in place, step forward on right
- 15&16 Rock left foot to left side, recover weight on right foot, cross left foot over right

STOMP TWICE, BEHIND SIDE CROSS, LEFT SIDE SHUFFLE, ¼ TURN COASTER

- 17-18 Stomp right foot to side twice
- 19&20 Step right foot behind left, step left foot to side, step right foot across front of left
- 21&22 Step left foot to side close right beside left, step left to left side
- 23&24 Step back on right foot making ¼ turn right, step left beside right, step forward on right

STEP, STEP ½ TURN, COASTER STEP, ANKLE JOHNS X 4

- 25-26 Step forward on left, step forward on right making ½ turn left on ball of right foot
- 27&28 Step back on left, step right beside left, step forward on left
- &29&30 Hop on left foot, cross right foot behind left ankle, hop on right foot, cross left foot behind right ankle
- &31&32 Hop on left foot, cross right foot behind left ankle, hop on right foot, cross left foot behind right ankle

The ½ turn heel bounces on counts 3&4 and 7&8 can be replaced by ½ turn shuffle (left, right, left)

REPEAT

TAG

Start dance on vocals "I am a little Beggerman". The tempo of the dance changes after 5th wall pause for 1 beat then continue the dance