

Other Side Of The Track

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 4 级数:
编舞者: Lisa Kruse (USA) & Jim Anderson (CAN)
音乐: Baby Likes to Rock It - The Tractors



TRAIN MOTION

(Move hands and arms in a forward and back circular motion)

- 1 Step forward with right foot
- 2 Step in place with left foot
- 3 Step back with right foot
- 4 Step in place with left foot
- 5 Step forward with right foot
- 6 Step in place with left foot
- 7 Step back with right foot
- 8 Step in place with left foot

PRISSY HESITATION WALK

- 9 Step forward-left with right foot
- 10 Step forward-right with left foot
- 11 Step forward-left with left foot
- 12 Hold
- 13 Step forward-right with left foot
- 14 Step forward-left with right foot
- 15 Step forward-right with left foot
- 16 Hold

RIGHT SIDE ROCKS, LEFT SIDE ROCKS

- 17 Step to right side with right foot, drop right shoulder and lift left hip
- 18 Slide left foot next to right foot, straighten body
- 19 Step to right side with right foot, drop right shoulder and lift left hip
- 20 Hold
- 21 Step to left side with left foot, drop left shoulder and lift right hip
- 22 Slide right foot next to left foot, straighten body
- 23 Step to left side with left foot, drop left shoulder and lift right hip
- 24 Hold

ROLLING BACK GRAPEVINE

- 25 Step back $\frac{1}{4}$ turn right with right foot
- 26 Pivot $\frac{1}{4}$ turn right on ball of right foot stepping forward with left foot
- 27 Pivot $\frac{1}{2}$ turn right on ball of left foot stepping back with right foot
- 28 Lift left knee and hop back slightly, pull right fist down with a "who"

BACK THREE, STOMP

- 29 Step back with left foot
- 30 Step back with right foot
- 31 Step back with left foot
- 32 Stomp down with right foot

DOUBLE SPLIT SWIVELS

- 33 Split swivel to right side
- 34 Return to center

- 35 Split swivel to right side
- 36 Return to center
- 37 Split swivel to left side
- 38 Return to center
- 39 Split swivel to left side
- 40 Return to center

SINGLE SPLIT SWIVELS & TWISTS

- 41 Split swivel to right side
- 42 Return to center
- 43 Split swivel to left side
- 44 Return to center
- 45 Swivel both heels to left side, bending knees
- 46 Swivel both heels to right side, bending knees
- 47 Swivel both heels to left side, straightening knees
- 48 Swivel both heels to center, legs straight

STEP, ¼ TURN, SHUFFLE

- 49 Step forward with right foot
- 50 Pivot ¼ turn left on ball of right foot placing left foot next to right foot
- 51&52 Shuffle forward with right, left, right

STEP, PIVOT ½, SHUFFLE

- 53 Step forward with left foot
- 54 Pivot ½ turn right on balls of both foot
- 55&56 Shuffle forward with left, right, left

SHIMMY RIGHT, CLAP, SHIMMY LEFT, CLAP

- 57-58 Step to right side with right foot and do shoulder shimmies for 2 counts
- 59 Touch left toe next to right foot
- 60 Clap hands
- 61-62 Step to left side with left foot and do shoulder shimmies for 2 counts
- 63 Touch right toe next to left foot
- 64 Clap hands

REPEAT

INTRO PORTION FOR OTHER SIDE OF THE TRACKS:

This is done during the first 16 counts of the main intro to "Baby Likes To Rock It" and in place of counts 33-48 of the fourth pattern in the dance.

BEGINS WITH FIRST BEAT OF PIANO INTRO:

- Beat 1 (33) Look to left. Hold for next 3 counts
 - Beat 5 (37) Look to right. Hold for next 3 counts
 - Beat 9 (41) Push both hands forward and hop back. Hold for next 3 counts
 - Beat 13-14 Swivel on balls of both feet and twist body down
 - Beat 15-16 Twist body back up, end with weight on left foot
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