

Orfeo Negro Rumba

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate international rumba
编舞者: Kirsi-Marja Vinberg (FIN)
音乐: Orfeo Negro (Manha De Carnaval) - Carmina & Francis Goya



WEIGHT CHANGE, CROSS ROCK STEP, STEP TO SIDE, HOLD

1 Change weight to the right foot
2-3 Step left foot across right, step left in place
4 Step left to side
1 Hold

DIAMOND WITH ½ DIAGONAL PIVOT TURNS AND STEPS FORWARD

2-3 Step right across left, turn ½ to left, and step left in place
4-1 Step right forward, hold(face 4:30)
2-3 Step left across right foot, turn ½ to right and step left in place
4-1 Step left forward, hold

TURN 1/8 LEFT, RUMBA BASIC FORWARD AND BACK

2-3 Turn 1/8 left and step right foot forward, step left in place
4-1 Step right back, hold
2-3 Step left back, right in place
4-1 Step left forward, hold

CROSS STEPS WITH SWIVELS FORWARD IN RUMBA RHYTHM

2-3 Step right across left foot, step left across right foot
4-1 Step right across left, hold
2-3 Step left across right, step right across left
4-1 Step left across right, hold

DIAGONAL PIVOT TURN ½ LEFT, CROSS STEP, HOLD

2-3 Step right across left, turn ½ to left and step left in place
4-1 Step right foot across left, hold

CROSS STEP, TOE TOUCH TO SIDE, CROSS STEP, RONDE, CROSS STEP, TOUCH TO SIDE, STEP FORWARD, SPIRAL TURN

2-3 Step left across right, touch right toe to side
4-1 Step right across left, sweep left toe to front in a curve
2-3 Step left across right, touch right toe to side
4-1 Step right forward, turn left with the ball of the right foot with left foot hooking front

CUBAN BREAK, CUBAN BREAK, ROCK STEP BACK

2&3 Step left forward, right in place, lead left foot from front to back
4&1 Step left back, right near to left, left back
2-3 Step right back, left in place

TURN ¼ LEFT, MODIFIED RUMBA BASIC WITH SLIDES, ROCK STEP

4-1 Turn ¼ left and step big step to right with right foot, hold and slide left toe near to right foot
2-3 Step left back, right in place
4-1 Step big step to left side with left foot, hold and slide right toe near to left foot
2-3 Step right foot diagonal. Left forward, step left in place

TRIPLE LOCK DIAGONALLY LEFT FORWARD, ROCK STEP FORWARD, WEAVE TO RIGHT, ROCK STEP DIAGONALLY RIGHT FORWARD, HIP BUMPS

4&1 Step right foot diagonally left forward, lock left foot together, step right diagonal. Left forward

2-3 Step left forward diagonally, right in place

4&1 Step left behind right, step right to right side, step left across right

2-3 Step right diagonal. Right forward, step left in place

4&1 Bump hips to right, left, right

Dance begins again on count 2

REPEAT
