

The Opry Express

拍数: 96 墙数: 1 级数: Improver
编舞者: Michael John Sr. & Ros Brander-Stephenson (UK)
音乐: I Just Wanna Be Happy - Gloria Estefan



HEEL HOOK AND TAPS RIGHT & LEFT

- 1-2 Tap right heel forward, hook right leg across left shin
3-4 Tap right heel forward twice
&5-6 Step right next to left, tap left heel forward, hook left leg across right shin
7-8 Tap left heel forward twice

HEEL SWITCHES, PIVOTS

- &9&10 Step left next to right, tap right heel forward, bring right next to left, tap left heel forward
&11-12 Bring left next to right, tap right heel forward, clap hands
13-14 Step forward on right, pivot ½ turn over left shoulder
15-16 Step forward on right, pivot ½ turn over left shoulder

17-32 Repeat steps 1-16

8 STEP GRAPEVINE RIGHT

- 33-36 Step right to right side, step left behind right, step right to right side, step left in front of right
37-40 Step right to right side, step left behind right, step right to right side, step left next to right

JAZZ BOXES (FIRST WITH ¼ TURN RIGHT)

- 41-44 Cross step right across left, step back on left, step on right making ¼ turn right, step left next to right
45-48 Cross step right across left, step back on left, step right to right side, step left next to right

GRAPEVINES RIGHT, LEFT

- 49-52 Step right to right side, step left behind right, step right to right side, hook left behind right slapping heel with right hand
53-56 Step left to left side, step right behind left, step left to left side, hook right behind left slapping with left hand

STEP TOUCHES BACK, JAZZ BOX ½ TURN RIGHT

- 57-60 Step back on right, touch left next to right (clapping hands), step back on left, touch right next to left (clapping hands)
61-64 Cross step right over left, step back on left, pivoting ½ turn over right shoulder step forward right, step left next to right

HEEL HEEL, STEP STEP, CROSS ROCK, CHASSE . (RIGHT AND LEFT)

- 65-68 Step forward on right heel, step left heel forward next to right, step back on right, step back on left
69-72 Cross rock right across left, rock back on left, side shuffle to right on right-left-right
73-76 Step forward on left heel, step right heel forward next to left, step back on left, step back on right
77-80 Cross rock left across right, rock back on right, side shuffle to left on left-right-left

PIVOT, SHUFFLE IN PLACE, STEP SLIDE

- 81-84 Step forward on right, pivot ½ turn over left shoulder, shuffle in place right-left-right
85-88 Take a large step to left (85), bring right next to left and clap hands (86-88)

STEP PIVOT ¼ LEFT, STOMP STOMP, KICK BALL CHANGES

- 89-92 Step forward right, pivot ¼ turn left (to face front), stomp right foot twice clapping hands at same time
- 93-96 Two right kick ball changes

REPEAT

Depending on how large or small your steps are, the object of this dance is to bring you back to start position. Therefore, if necessary, substitute steps 93-96 with 'kick ball steps' traveling left.
