

The Opie Stomp

拍数: 52 墙数: 4 级数: Intermediate
编舞者: Joe "Opie" McCausland Sr. (USA)
音乐: Good Brown Gravy - Joe Diffie



HEEL/STEPS

- 1-2 Touch right heel forward, step right foot together
- 3-4 Touch left heel forward, step left foot together
- 5-8 Repeat steps 1-4

JAZZ BOX

- 1-2 Cross right foot in front of left foot, step back on left foot
- 3-4 Step right foot to right side, step left foot together

RIGHT HEEL-TOE-HEEL-STEP, REPEAT ON LEFT FOOT

- 1-2 Touch right heel diagonally forward to right, touch right toe to left instep
- 3-4 Touch right heel diagonally forward to right, step right foot together
- 5-6 Touch left heel diagonally forward to left, touch left toe to right instep
- 7-8 Touch left heel diagonally forward to left, touch left foot next to right foot

3 STEPS BACK, TOE TOUCH BACK

- 1-3 Walk back left-right-left
- 4 Touch right toe back

KICK-STEPS WITH SCOOTS

- 1-2 Kick right foot forward as you scoot forward on left foot, step right foot together
- 3-4 Kick left foot forward as you scoot forward on right foot, step left foot together
- 5-8 Repeat steps 1-4

HEEL-TOE TOUCHES, ¼ TURN LEFT

- 1-2 Touch right heel forward twice
- 3-4 Touch right toe back twice
- 5-6 Touch right heel forward, touch right toe back
- 7-8 Step right foot forward, pivot ¼ to left and step left foot in place

CHARLESTON STEPS, ½ PIVOT WITH BACK KICK, FORWARD KICK & STOMP

- 1-2 Step right foot forward, kick left foot forward
- 3-4 Step back on left foot, touch right toe back
- 5-6 Step right foot forward, pivot ½ to right on right foot and kick left foot back
- 7-8 Step left foot forward, kick right foot forward

TOUCH, SIDE KICK, STOMP TWICE

- 1-2 Touch right toe next to left foot, kick right foot to right side
- 3-4 Stomp (up) right foot together twice

REPEAT