

# Ophelia

**COPPER** **NOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
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音乐: Ophelia - Vince Gill



## CROSS STEP 4X

1            Step out on your right foot, to the right  
&            Move your left foot next to your right foot  
2            Put your right foot crosswise over left  
3            Step out on your left foot to the left  
&            Put your right foot next to your left foot  
4            Step out on your left foot crosswise over right  
5            Step out on your right foot, to the right  
&            Move your left foot next to your right foot  
6            Put your right foot crosswise over left  
7            Step out on your left foot to the left  
&            Put your right foot next to your left foot  
8            Step out on your left foot crosswise over right

## STEP, ½ TURN, ½ TURN BACK SHUFFLE, MAMBO STEPS

1            Step forward on right foot  
2            ½ turn over your left shoulder weight on left foot  
3&4        Step right foot behind left foot & close left foot next to right foot, step back on right foot  
5            Step out on your left foot to the back  
&            Step on right foot(weight back on right foot)  
6            Put your left foot next to your right foot  
7            Step out on your right foot to the back  
&            Step on left foot(weight back on left foot)  
8            Put your right foot next to your left foot stand on toes

## TOE TWIST, SYNCOPATED VINE, ¼ TURN RIGHT SHUFFLE, ½ TURN, SHUFFLE

&            Twist standing on toes heels to right side moving body upwards  
1            Twist standing on toes heels to left side  
2            Cross left over right  
&            Step right to right side  
3            Cross left foot behind right(rising on toes)  
4            Step right foot ¼ turn right  
&            Step left foot behind right  
5            Step right foot in forward  
6            Step left foot in front of right  
7            ½ turn over right shoulder weight on right foot  
8            Step left foot in front of right  
&            Step right foot behind left  
1            Step left foot forward

## WALK WALK, WALK, STEP ½ TURN, TRIPLE STEP ½ TURN RIGHT

2            Walk right  
3            Walk left  
4            Walk right  
5            Step left foot forward  
6            ½ turn over right shoulder step forward on right foot

- 7            ½ turn step on left foot
- &
- 8            Step on right foot
- Step on left foot

**REPEAT**

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