

Open Arms

拍数: 72 墙数: 1 级数: Intermediate
编舞者: Charlotte Macari (UK)
音乐: Open Arms - Chris Owen



LEFT TWINKLE TRAVELING SLIGHTLY FORWARD, WEAWE, SIDE STEP & DRAW TWICE

- 1-3 Cross left over right, step right next to left, step left slightly to left side
- 4-6 Cross right over left, step left to left side, cross right behind left
- 7-9 Step left to left side, draw right up to left, touch right next to left
- 10-12 Step right to right side, draw left up to right, touch left next to right

TURNING ¼ TURN BOX FORWARD, TURNING ¼ BOX BACK, STEP SWEEP ½ TURN TOUCH, CROSS ROCK, RECOVER SIDE STEP

- 13-15 Step forward on left, turn ¼ turn left stepping right next to left, step left next to right
- 16-18 Step back on right, turn ¼ turn left stepping left next to right, step right next to left
- 19-21 Step forward left, complete ½ turn left on left foot, while seeping right to the side, touch right to right side
- 22-24 Cross rock right over left, recover on left, step right to right side

CROSS, STEP ¼ TURN LEFT, STEP FORWARD ½ TURN LEFT, ROCK FORWARD, RECOVER, STEP BACK, 2 TWINKLES TRAVELING BACK

- 25-27 Step left across right, step back right as you turn ¼ urn left, turn ½ turn left as you step forward left
- 28-30 Rock forward on right, recover weight on left, step back right
- 31-33 Cross left over right, step right back to right diagonal, step back left to left diagonal
- 34-36 Cross right over left, step back left to left diagonal, step back right to right diagonal

TURNING TWINKLE ½ TURN LEFT, CROSS ROCK, RECOVER, STEP, WEAWE, SIDE STEP, DRAW, TOUCH

- 37-39 Cross left over right, turn ¼ turn left stepping back on right, turn ¼ turn left, stepping left to left side
- 40-42 Cross rock right over left, recover on left, step right to right side
- 43-45 Cross left over right, step right to right side, cross left behind right
- 46-48 Step right side, draw left up to right, touch left next to right

BASIC WALTZ TURNING ½ TURN LEFT, BASIC WALTZ BACK, REPEAT

- 49-51 Step forward left, turn /2 turn on left, stepping back right, step back left
- 52-54 Step back right, step left next to right, step right next to left
- 55-57 Step forward left, turn ½ turn on left, stepping back right, step back left
- 58-60 Step back right, step left next to right, step right next to left

FULL TURN TRAVELING FORWARD, LUNGE, RECOVER, ¼ TURN RIGHT, SIDE STEP

- 61-63 Step forward left, turn ½ turn left on left, stepping back right, turn ½ turn left on right stepping forward left
 - 64-66 Lunge forward on right, recover on left, turn ¼ right stepping right to right side
- Easy option for counts 61-63: just walk forward left right left**

LEFT CROSS ROCK, RECOVER, STEP, RIGHT CROSS ROCK, RECOVER, STEP

- 67-69 Cross rock left over right, recover on right, step left in place
- 70-72 Cross rock right over left, recover on left, step right in place

REPEAT

Advanced option

67-69 Cross left over right, unwind full turn right, ronde right leg from front to behind

70-72 Cross lock right foot behind left, unwind a full turn right

TAG

The tag comes after the 1st & 3rd walls each time before the chorus. It's just a repeat of counts 67-72 (not the advanced option)
