

Ooh La La

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Ooh La La - Goldfrapp



HIP PUSH RIGHT, LEFT POINT, HIP PUSH LEFT, RIGHT POINT, ¼ RIGHT TURN, ½ RIGHT TURN, BACK ROCK, RETURN

1-2 Step right to side pushing hip right, left leg extended
3-4 Push hip to left, right leg extended
5-6 Step right ¼ right, turn ½ right step left back
7-8 Rock back right, recover left

FORWARD TOUCH, SWEEP BACK, UNWIND ¾ RIGHT, KNEE POPS

1-2 Touch right forward, sweep right back turning ¾ right
3-4 Step right down, pop left knee forward
5-6 Pop right knee forward, pop left knee forward
7-8 Pop right knee forward, hold (weight on left)

RIGHT CROSS UNWIND ½, ¼ LEFT, RIGHT HITCH ¼ TURN LEFT, LEFT SIDE POINT, HITCH -CROSS

1-2 Cross right over left unwind ½ left (weight remains on right)
3-4 Step left ¼ left, hitch right turning ¼ left
5-6 Step right down, point left to side
7-8 Hitch left, step left over right (body 45 degrees right)

SHIFT WEIGHT BACK, HOLD, SHIFT WEIGHT FORWARD AND BACK, SHIFT WEIGHT FORWARD, STEP RIGHT TO SIDE, LEAN RIGHT POP SHOULDER UP, LEAN LEFT POP SHOULDER UP

1-2 Shift weight to right (lift left heel), hold
3-4 Shift weight to left, right (lean forward, lean back)
5-6 Shift weight to left, hitch right
7-8 Step right to side (lean right, pop right shoulder up), shift weight to left (lean left, pop left shoulder up)

WALK FORWARD RIGHT, LEFT, RIGHT OUT, LEFT OUT, SWIVEL RIGHT HEEL LEFT, SWIVEL RIGHT TOE LEFT, SWIVEL LEFT TOE LEFT TURNING ¼ LEFT, HITCH RIGHT

1-2 Step right forward, step left forward
3-4 Step right out to side, step left out to side
5-6 Swivel right heel to left, swivel right toe to left
7-8 Swivel left toe left turning ¼ left, hitch right

JAZZ ¼ TURN RIGHT, HIP PUSH RIGHT, POINT, HIP PUSH LEFT, POINT

1-2 Cross right over left, step left back turning 1/8 right
3-4 Step right to side turning 1/8 right, step left next to right
5-6 Step right to side pushing hip right extend left
7-8 Step left to side pushing hip left, extend right

WALK TO CORNER, ½ LEFT PIVOT, WALK TO CORNER, FULL SPIRAL RIGHT

1-2 Walk right, left (towards 7:30 - corner)
3-4 Step right forward, pivot ½ left (towards 1:30 - corner)
5-6 Walk right, left (towards 1:30 - corner)
7-8 Hooking right over left shin, spiral full turn stepping down on right (1:30)

WALK TO CORNER, ½ PIVOT LEFT PIVOT, WALK TO CORNER, ¾ & SPIRAL RIGHT, WALK FORWARD RIGHT, LEFT

- 1-2 Walk left, right (towards 1:30 -corner)
- 3-4 Pivot ½ left, step forward right
- 5-6 Step forward left, spiral turn hooking right over left (over-rotated ¾ turn)
- 7-8 Walk forward right, left

REPEAT

TAG

End of 2nd rotation (front wall)

- 1-2 Step right to side pushing hip right, left leg extended to left
- 3-4 Push hip to left, right leg extended to right
- 5-6 Step right ¼ right, step left turning ¼ right
- 7-8 Step right turning ¼ right, step left turning ¼ right

Counts 5-8 walk around in a full turn to the right
