

# Ooh La La

**COPPER** **NOB**  
BY STEPHEN

拍数: 64      墙数: 2      级数: Intermediate  
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音乐: Ooh La La - Goldfrapp



## HIP PUSH RIGHT, LEFT POINT, HIP PUSH LEFT, RIGHT POINT, ¼ RIGHT TURN, ½ RIGHT TURN, BACK ROCK, RETURN

1-2            Step right to side pushing hip right, left leg extended  
3-4            Push hip to left, right leg extended  
5-6            Step right ¼ right, turn ½ right step left back  
7-8            Rock back right, recover left

## FORWARD TOUCH, SWEEP BACK, UNWIND ¾ RIGHT, KNEE POPS

1-2            Touch right forward, sweep right back turning ¾ right  
3-4            Step right down, pop left knee forward  
5-6            Pop right knee forward, pop left knee forward  
7-8            Pop right knee forward, hold (weight on left)

## RIGHT CROSS UNWIND ½, ¼ LEFT, RIGHT HITCH ¼ TURN LEFT, LEFT SIDE POINT, HITCH -CROSS

1-2            Cross right over left unwind ½ left (weight remains on right)  
3-4            Step left ¼ left, hitch right turning ¼ left  
5-6            Step right down, point left to side  
7-8            Hitch left, step left over right (body 45 degrees right)

## SHIFT WEIGHT BACK, HOLD, SHIFT WEIGHT FORWARD AND BACK, SHIFT WEIGHT FORWARD, STEP RIGHT TO SIDE, LEAN RIGHT POP SHOULDER UP, LEAN LEFT POP SHOULDER UP

1-2            Shift weight to right (lift left heel), hold  
3-4            Shift weight to left, right (lean forward, lean back)  
5-6            Shift weight to left, hitch right  
7-8            Step right to side (lean right, pop right shoulder up), shift weight to left (lean left, pop left shoulder up)

## WALK FORWARD RIGHT, LEFT, RIGHT OUT, LEFT OUT, SWIVEL RIGHT HEEL LEFT, SWIVEL RIGHT TOE LEFT, SWIVEL LEFT TOE LEFT TURNING ¼ LEFT, HITCH RIGHT

1-2            Step right forward, step left forward  
3-4            Step right out to side, step left out to side  
5-6            Swivel right heel to left, swivel right toe to left  
7-8            Swivel left toe left turning ¼ left, hitch right

## JAZZ ¼ TURN RIGHT, HIP PUSH RIGHT, POINT, HIP PUSH LEFT, POINT

1-2            Cross right over left, step left back turning 1/8 right  
3-4            Step right to side turning 1/8 right, step left next to right  
5-6            Step right to side pushing hip right extend left  
7-8            Step left to side pushing hip left, extend right

## WALK TO CORNER, ½ LEFT PIVOT, WALK TO CORNER, FULL SPIRAL RIGHT

1-2            Walk right, left (towards 7:30 - corner)  
3-4            Step right forward, pivot ½ left (towards 1:30 - corner)  
5-6            Walk right, left (towards 1:30 - corner)  
7-8            Hooking right over left shin, spiral full turn stepping down on right (1:30)

**WALK TO CORNER, ½ PIVOT LEFT PIVOT, WALK TO CORNER, ¾ & SPIRAL RIGHT, WALK FORWARD RIGHT, LEFT**

- 1-2 Walk left, right (towards 1:30 -corner)
- 3-4 Pivot ½ left, step forward right
- 5-6 Step forward left, spiral turn hooking right over left (over-rotated ¾ turn)
- 7-8 Walk forward right, left

**REPEAT**

**TAG**

**End of 2nd rotation (front wall)**

- 1-2 Step right to side pushing hip right, left leg extended to left
- 3-4 Push hip to left, right leg extended to right
- 5-6 Step right ¼ right, step left turning ¼ right
- 7-8 Step right turning ¼ right, step left turning ¼ right

**Counts 5-8 walk around in a full turn to the right**

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