

# The Only Way

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate cha cha  
编舞者: Liam Hrycan (UK)  
音乐: That's the Only Way - Alecia Elliott



## INTRO

To be danced after the 16 count intro

**RIGHT STEP FORWARD, LEFT STEP/½ PIVOT RIGHT, LEFT SHUFFLE FORWARD, RIGHT STEP/½ PIVOT LEFT, RIGHT STEP FORWARD/LEFT TOGETHER**

- 1                    Step right foot forward
- 2-3                Step left foot forward, pivot a ½ turn right
- 4&5                Step left foot forward, step right foot to place beside left, step left foot forward
- 6-7                Step right foot forward, pivot a ½ turn left
- 8&                 Step right foot forward, step left foot to place beside right

Start main dance with step 1

## MAIN DANCE

**RIGHT STEP FORWARD, LEFT STEP/½ PIVOT RIGHT, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, LEFT FORWARD ROCK/RECOVER/SIDE STEP**

- 1                    Step right foot forward
- 2-3                Step left foot forward, pivot a ½ turn right
- 4&5                Step left foot forward, step right foot to place beside left, step left foot forward
- 6&7                Step right foot forward, step left foot to place beside right, step right foot forward
- 8&1                Rock left foot forward, recover weight back onto right foot, big step left foot to left side

**RIGHT SAILOR STEP, ½ TURN LEFT/LEFT SIDE STEP, RIGHT FORWARD ROCK/RECOVER, RIGHT COASTER STEP**

- 2&3                Step right foot behind left, step left foot to left side, step right foot to right side
- 4                    Make a ½ turn left on ball of right foot (lifting left foot slightly)
- 5                    Step left foot to left side
- 6-7                Rock right foot forward, recover weight back onto left foot
- 8&1                Step right foot back, step left foot to place beside right, step right foot forward

**LEFT STEP/¼ PIVOT RIGHT, LEFT CROSS STEP/RIGHT SIDE ROCK/RECOVER, RIGHT CROSS STEP/LEFT SIDE ROCK/RECOVER, LEFT STEP FORWARD**

- 2-3                Step left foot forward, pivot a ¼ turn right (weight ending on right foot)
- 4&5                Cross step left foot over right, rock right foot to right side, recover weight onto left foot
- 6&7                Cross step right foot over left, rock left foot to left side, recover weight onto right foot
- 8                    Step left foot forward

**RIGHT STEP/½ PIVOT LEFT, RIGHT STEP FORWARD, LEFT FORWARD ROCK/RECOVER/(¼-LEFT) SIDE STEP, RIGHT SWEEP TURN (¾-LEFT), RIGHT SIDE TOUCH-BALL-STEP**

- 1-2                Step right foot forward, pivot a ½ turn left
- 2                    Step right foot forward
- 4&                 Rock left foot forward, recover weight back onto right foot
- 5                    Make a ¼ turn left on ball of right foot stepping left foot to left side
- 6                    Sweeping right toe around left foot - make a ¾ turn left on ball of left foot
- 7&8                Touch right toe out to right side, step right foot to place beside left, step left foot forward

## REPEAT