

Only Time

COPPER KNOB
STEPSHEETS

拍数: 68 墙数: 1 级数: Intermediate
编舞者: Randy Fyffe (USA)
音乐: Only Time - Enya



SYNCOPATED CROSS ROCK STEP, CROSS SHUFFLE STEP, SIDE ROCK STEP, CROSS SHUFFLE STEP

1&2 Cross rock left foot over right, step right in place, step left next to right
3&4 Cross right foot over left, step left to left side, step right across left
5-6 Rock left foot to left side, recover weight to right
7&8 Cross step left foot over right, step right to right side, cross left over right

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, STEP PIVOT, STEP TURN

1&2 Shuffle forward with lock step, right, left, right
3&4 Shuffle forward with lock step, left, right, left
5-6 Step right foot forward, pivot $\frac{1}{2}$ left stepping onto left foot
7-8 Step right foot forward and pivot $\frac{1}{2}$ left, pivot another $\frac{1}{2}$ to the left stepping on left foot

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, STEP PIVOT, STEP TURN

1&2 Shuffle forward with lock step, right, left, right
3&4 Shuffle forward with lock step, left, right, left
5-6 Step right foot forward, pivot $\frac{1}{2}$ left stepping onto left foot
7-8 Step right foot forward and pivot $\frac{1}{2}$ left, pivot another $\frac{1}{2}$ to the left stepping on left foot

STEP TOGETHER CROSS 4X

1&2 Step right foot at angle to right, step left behind right, cross right foot over left
3&4 Step left foot at angle to left, step right behind left, cross left foot over right
5&6 Step right foot at angle to right, step left behind right, cross right foot over left
7&8 Step left foot at angle to left, step right behind left, cross left foot over right

VINE RIGHT WITH $1 \frac{1}{4}$ TURN RIGHT, POINT LEFT, STEP BEHIND, POINT RIGHT, TOUCH BEHIND

1-2 Step right foot to right turning $\frac{1}{4}$ right, pivot on right foot $\frac{1}{4}$ turn right stepping onto left foot
3-4 Pivot on left foot $\frac{1}{2}$ turn right stepping onto right foot, pivot $\frac{1}{4}$ right on right foot and touch left toe next to right
5-6 Touch left toe to left, step left foot behind right
7-8 Touch right toe to right, touch right toe back

TURN STEP, STEP TURN, STEP, LOCK, STEP, ROCK STEP

1-2 With weight on left pivot $\frac{1}{2}$ right stepping onto right foot, pivot another $\frac{1}{2}$ on right foot stepping onto left foot
3-4 Pivot $\frac{1}{2}$ right on left foot stepping onto right, step forward onto left foot
5-6 Lock right foot behind and to left of left foot, step left foot forward
7-8 Rock forward onto right foot, recover weight onto left foot

TURN, WEAVE, AND ROCK

1-2 Pivot $\frac{1}{2}$ right on left foot and step onto right foot, pivot $\frac{1}{2}$ right on right foot and step onto left foot
3-4 Pivot $\frac{1}{4}$ right on left foot and step onto right foot, step left foot across in front of right foot
5-6 Step right foot to right side, step left foot behind right
7-8 Step right foot to right side, rock forward onto left foot

RECOVER, TURN ROCK STEP, TURN ROCK STEP, TURN ROCK STEP, TURN

- 1-2 Recover weight onto right foot, pivot left $\frac{1}{2}$ on right foot stepping onto left foot
- 3-4 Rock forward onto right foot, recover weight onto left foot
- 5-6 Pivot right $\frac{1}{2}$ on left foot stepping onto right foot, rock forward onto left foot
- 7-8 Recover weight on right foot, pivot left $\frac{1}{2}$ on right foot stepping onto left foot

On the 3rd wall repeat counts 3-8 (6 additional counts) before starting the paddle turn to keep in phrasing with the music

PADDLE TURN

- 1&2 Pivot on left foot $\frac{1}{4}$ left and touch right toe to right side, hitch right knee while pivoting $\frac{1}{2}$ left, touch right toe to right side
- &3 Hitch right knee while pivoting another $\frac{1}{2}$ left, touch right toe to right side
- 4 Hitch right knee while pivoting $\frac{1}{4}$ left (you will end facing the front wall), step right next to left

REPEAT
