

# The Only One

拍数: 32      墙数: 1      级数: Intermediate  
编舞者: Ben Summerell (AUS)  
音乐: One Voice - Billy Gilman



## WALK, WALK, COASTER STEP, BACK, BACK, BACK, STEP, SIDE, CROSS, STEP

1-2-3&4      Step left forward, step right forward, step left forward, step right together, step left back  
&5-6-7&8      Step right back, step left back, step right back, step left back, step right together, step left to left side  
&      Step right in place

## ¼ TURN, ROCK, ¼ TURN, ¼ TURN, ROCK, ½ PIVOT, 1 ¼ TURN, STEP BACK

1-2&      Turning ¼ right step left forward, rock/step on right, ¼ turn left stepping left together  
3-4&      Turning ¼ left step right forward, rock/step on left, ¼ turn right stepping right together  
5-6-7      Step left forward, pivot ¼ right, step left forward, ½ turn left stepping right in place,  
&8&      ½ turn left stepping left together, ¼ turn left stepping right back (facing front wall), step left back

## STEP, STEP, TOGETHER, CROSS, STEP, STEP, SLIDE, STEP, SLIDE, ROCK, STEP, ¼ TURN

1&2&3      Step right to right side, step left to left side, step right together, cross step left over right, step right to right side  
&4-5      Step left on 45 degree left forward, step right behind left, step on 45 degree left forward  
6&7-8      Step right behind left, step left together, rock right on the left 45 degree across left, rock back on left  
&      Turning ¼ right step forward on right (facing 3:00)

## STEP, ROCK, STEP, STEP, ROCK, STEP, ¼ PIVOT, BACK, FULL TURN

1-2&3-4      Step left forward, rock right in place, step left together, step right forward, rock left in place  
&5-6-7&      Step right together, step left forward, pivot ¼ right, step left forward, step right back  
8&      ½ turn left stepping left in place, ½ turn left stepping right in place

## REPEAT

## RESTART

On wall 3, restart the dance after the first 8& counts

On wall 6, restart the dance after the second lot of 8 counts, leave the last & out and restart the dance