

Onie's Bop

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: DJ Dan (NL) & Wynette Miller (NL)
音乐: Onie's Bop - BR5-49



HEEL-TOE SPLIT, OUT, OUT, IN, IN

1-2 Fan both heels out, fan both heels back
3-4 Fan both toes out, fan both toes back
5-6 Step right to right side, step left to left side
7-8 Step right to center, step left to center

HEEL-TOE SPLIT, OUT, OUT, IN, TOUCH

9-10 Fan both heels out, fan both heels back
11-12 Fan both toes out, fan both toes back
13-14 Step left to left side, step right to right side
15-16 Step left to center, touch right next to left

TOE STRUT FORWARD RIGHT & LEFT, MAMBO FORWARD, HOLD

17-18 Step right toe forward, drop right heel
19-20 Step left toe forward, drop left heel
21-24 Rock right forward, recover weight on left, step right next to left, hold

TOE STRUT BACK LEFT & RIGHT, COASTER STEP, HOLD

25-26 Step left toe back, drop left heel
27-28 Step right toe back, drop right heel
29-32 Step left back, step right next to left, step left forward, hold

TOE STRUT TO RIGHT SIDE, MAMBO CROSS, HOLD

33-34 Step right toe to right side, drop right heel
35-36 Cross left toe over right, drop left heel
37-40 Rock right to right side, recover weight on left, cross right over left, hold

TOE STRUT TO LEFT SIDE, MAMBO CROSS, HOLD

41-42 Step left toe to left side, drop left heel
43-44 Cross right toe over left, drop right heel,
45-48 Rock left to left side, recover weight on right, cross left over right, hold

DIAGONAL STEP BACK, DRAG TO LOCK & CLAP, X3, DIAGONAL STEP BACK, STEP ¼ TURN LEFT

49-50 Step right diagonally right back, drag left to lock in front of right & clap
51-52 Step right diagonally right back, drag left to lock in front of right & clap
53-54 Step right diagonally right back, drag left to lock in front of right & clap
55-56 Step right diagonally right back, step left ¼ turn left

ROCKING CHAIR, STEP, PIVOT ½ TURN LEFT, STOMP, HOLD & CLAP

57-58 Rock right forward, recover weight on left
59-60 Rock right back, recover weight on left
61-62 Step right forward, pivot ½ turn left
63-64 Stomp right next to left, hold & clap

REPEAT

Mambo and coaster step are slow, no & count

