

# One, Two Step

拍数: 32      墙数: 4      级数: Intermediate hip hop  
编舞者: John Dembiec (USA)  
音乐: One, Two Step (feat. Missy Elliott) - Ciara



## SLIDE & GLIDE, ¼ TURN, ½ TURN COASTER

1-2      Slide and step right to right, slide and step left over right  
3-4      Slide and step right to right, slide and step left over right  
5-6      Slide and step right to right, making ¼ turn right step left forward  
7&      Step right forward, step left next to right making ¼ turn right  
8      Making ¼ turn right step right forward

## ¼ TURN, SAILOR INTO ROCK STEP, ¼, ½, ¼ PIVOTS

1-2&      Making ¼ turn right step left to left, step right behind left, step left to left  
3-4      Rock right to right, replace to left making ¼ turn left  
5-6      Step right forward, pivot ½ turn left stepping onto left  
7-8      Step right forward, pivot ¼ turn left stepping onto left

## WALKS, TOE TOUCHES, ½ UNWIND, STEP, BRUSH, OUT, OUT

1-2      Walk forward right, left  
3&4      Touch right forward, touch right to right, touch right behind left  
5-6      Unwind ½ turn to right onto right, step left forward  
7&8      Brush right forward, step right to right, step left to left

## STEP, ¼ TURN, ½ TURN SWIVEL, HITCH, STEPS, ½ UNWIND

1-2      Step right behind left, step left to left making ¼ turn left  
3&4      Step right forward, turn left heel in with ¼ turn left, turn right heel out with ¼ turn left  
5-6      Hitch left up, step left down  
7-8      Step right behind left, unwind ½ turn right with weight to left

## REPEAT

## TAG

After 4 wall (facing front wall) there is 4 extra counts one time:

1-2      Step right to right, touch left next to right  
3-4      ¼ turn right step left to left, touch right next to left