

One Way..Or Another

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: William Sevone (UK)
音乐: One Way or Another - Blondie



4X SHORT STEP FORWARD TOE STRUTS WITH EXPRESSION, (12:00)

- 1 Short step forward onto right toe, (right shoulder slightly dropped, right hand shoulder height)
- 2 Drop right heel to floor & click right hand fingers
- 3 Short step forward onto left toe, (left shoulder slightly dropped, left hand at shoulder height)
- 4 Drop left heel to floor & click left hand fingers
- 5 Short step forward onto right toe, (right shoulder slightly dropped, right hand shoulder height)
- 6 Drop right heel to floor & click right hand fingers
- 7 Short step forward onto left toe, (left shoulder slightly dropped, left hand at shoulder height)
- 8 Drop left heel to floor & click left hand fingers

CROSS TOUCH, SIDE TOUCH, STEP BACKWARD, PIVOT ½ RIGHT, SCUFF, STEP FORWARD, LOCK, STEP FORWARD, (6:00)

- 9-10 Cross touch right toe over left foot, touch right toe to right side
- 11-12 Step right toe backward, pivot ½ right (weight on right foot)
- 13-14 Scuff left foot forward, step forward onto left foot
- 15-16 Lock right foot behind left, step forward onto left foot

CROSS TOUCH, SIDE TOUCH, ¼ RIGHT SIDE STEP, CROSS STEP, LARGE SIDE ROCK, 3 ROCKS, (9:00)

- 17-18 Cross touch right toe over left foot, touch right toe to right side
- 19-20 Turn ¼ right & step right foot to right side, cross step left foot over right
- 21-22 Large rock right foot to right side, rock onto left foot
- 23-24 Rock onto right foot, rock onto left foot

CROSS STEP, ¼ RIGHT SLOW COASTER STEP, KICK FORWARD, ¼ RIGHT SIDE STEP, TOE-IN TOUCH WITH EXPRESSION, TOGETHER, (3:00)

- 25-26 Cross step right foot over left, turn ¼ right & step backward onto left foot
- 27-28 Step right foot next to left, step forward onto left foot
- 29-30 Kick right foot forward, turn ¼ right & step right foot to right side
- 31-32 (Bending both knees and turning right knee inward) touch left toe to right instep
- 32 (Straightening up) step left foot next to right

REPEAT

DANCE FINISH

The dance will finish along with the music fade out on count 32 of the 15th wall. To add a flourish to the end and facing the 'home' (12:00) wall, do the following:

- 30 Turn ½ right & step forward
- 31 Have your left hand on hat brim and right hand on right hip