

One Waltz In Time

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Glynn Rodgers (UK)
音乐: Our Song - Dave Sheriff



HALF TURN, SIDE ROCK, HALF TURN, TOUCH, HOLD

1-3 Step right out to right side turning $\frac{1}{2}$ turn right, rock left to left side, recover weight onto left
4-6 Turn $\frac{1}{2}$ turn over left shoulder stepping left to left side, touch right beside left, hold

ROLLING WALTZ VINE, BASIC WALTZ FORWARD

1-3 Turn $\frac{1}{4}$ turning right stepping side right, turn $\frac{1}{2}$ turn right stepping back left, turn $\frac{1}{4}$ turn right
stepping right to right side
4-6 Step forward left, close right to left, step left to place

STEP, POINT, HOLD, CROSS TWINKLE

1-3 Step back right, point left toe to left side, hold
4-6 Cross left over right, step right to right side, step left to place

CROSS TWINKLE TURN, STEP, POINT, HOLD

1-3 Cross right over left turning $\frac{1}{4}$ right, step back left turning $\frac{1}{4}$ right, step right to right side
4-6 Step forward left, point right toe to right side, hold

SAILOR STEP, SAILOR STEP

1-3 Step right behind left, step left to left side, step right to place
4-6 Step left behind right, step right to right side, step left to place

BEHIND, SIDE, CROSS, UNWIND, TOE STRUT

1-3 Step right behind left, step left to left side, cross right over left
4-6 Unwind $\frac{3}{4}$ turn left, touch left toe forward, drop heel to the floor

ROCK TURN, PIVOT TURN, STEP

1-3 Rock forward right, recover weight onto left, turn $\frac{1}{2}$ turn right stepping forward right
4-6 Step forward left, pivot $\frac{1}{2}$ turn right, step forward left

FULL TURN, LOCK STEP BACK

1-3 Make a full turn to the left forward stepping right-left-right
4-6 Step back left, cross right over left, step back left

REPEAT
