

# 123 Let Go

拍数: 32      墙数: 4      级数: Improver  
编舞者: Steve Jeffries (UK)  
音乐: Let Go - Tommy Shane Steiner



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## SYNCOPATED VINE, ROCK & RECOVER, STEP AND SLIDE, SYNCOPATED ROCK AND RECOVER, STEP RIGHT

1&2      Step right foot to right, step left behind right, step right foot to right  
3-4      Rock left foot over right, recover weight to right foot  
5-6      Take big step to the left, slide right up to left  
&7-8      Rock right foot behind left, recover weight to left foot, step right foot to right turning  $\frac{1}{4}$  right

## ROCK IN FRONT & RECOVER, TURNING SHUFFLE, STEP AND PIVOT, SHUFFLE FORWARD

9-10      Rock left foot in front of right, recover weight to right foot  
11&12      Step left foot back turning  $\frac{1}{2}$ , slide right next to left, step left foot to left  
13-14      Step right foot forward, pivot  $\frac{1}{2}$  turn over left shoulder  
15&16      Step forward on right foot, slide left up to right, step forward on right foot

## ROCK FORWARD & RECOVER, SHUFFLE BACK, ROCK BACK & RECOVER, SHUFFLE FORWARD

17-18      Rock left foot forward, recover weight to right foot  
19&20      Step left foot back, slide right next to left, step left foot back  
21-22      Rock right foot back, recover weight to left  
23&24      Step right foot forward, slide left next to right, step right foot forward

## STEP AND PIVOT, SHUFFLE FORWARD, FULL TURN OVER LEFT SHOULDER, WALK RIGHT LEFT

25-26      Step left foot forward, pivot  $\frac{1}{2}$  turn over right shoulder  
27&28      Step left foot forward, slide right next to left, step left foot forward  
29-30      Step right foot forward turning  $\frac{1}{2}$  turn over left shoulder, step on left foot turning another  $\frac{1}{2}$  turn

### Alternative step - walk right, left

31-32      Step right foot forward, step left foot forward

## REPEAT

## TAG

To be danced after 2nd wall (only on Tommy Shane Steiner track)

## ROCK AND RECOVER, COASTER STEP, ROCK AND RECOVER, COASTER STEP

1-2      Rock right foot forward, recover weight to left  
3&4      Step right foot back, step left foot next to right, step right foot forward  
5-6      Rock left foot forward, recover weight to right  
7&8      Step left foot back, step right foot next to left, step left foot forward

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