

1,2,3

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Shelli Blake (USA)
音乐: 1,2,3 (Remix) - Gloria Estefan



ROCK STEP CROSS OVER SIDE SHUFFLES, LEFT & RIGHT

1-2 Rock left foot to left side, return right in place
3&4 Cross step left over right, step right to right side, cross step left over right
5-6 Rock right foot to right side, return left in place
7&8 Cross step right over left, step left to left side, cross step right over left

ROCK STEP, SHUFFLE ½ TURN, FULL TURN LEFT, WALK, WALK

1-2 Rock left foot forward, rock back onto right
3&4 Step left foot back ½ turn left, step right next to left, step left slightly forward
5-6 Moving forward, pivot ¼ left, then immediately pivot ¾ left (facing back wall)
7-8 Walk right, walk left

SAILOR STEP RIGHT, SAILOR STEP LEFT, HEEL RIGHT, HEEL LEFT, TOE RIGHT, TOE LEFT

1&2 Cross right foot behind left, step left to left side, step right foot to right side
3&4 Cross left foot behind left, step right foot to right side, step left foot to left side
5&6 Touch right heel forward, step right foot next to left, touch left heel forward,
&7&8 Step left foot next to right, tap right toe to right side, step right foot next to left foot, tap left toe to left side, (weight is on right foot)

STEP, PIVOT, REVERSE COASTER STEP, SHUFFLE, TOE CIRCLE

1-2 Step on left foot and pivot ¼ to right, (bringing right knee up)
3&4 Step back on right foot, step left foot next to right, step forward on right
5&6 Step left foot forward, step right next to left, step left foot forward
7-8 Tap right toe forward, circle toe in an arc while turning ¼ to right; ending with right foot next to left, with weight on left

STEP, FORWARD 45, LOCK, & FORWARD 45, LOCK & FORWARD, 4 WALKS

1-2 Right step forward angle 45 right; left cross-lock behind left (legs crossed, right heel up)
& Right step side right, slightly forward
3-4 Left step forward angle 45 left; right cross-lock behind right (legs crossed, left heel up)
& Left step side left, slightly forward
5-8 Walk forward right, left, right, left

ANGLE BACK STEP TOUCHES, ¼ MONTEREY TURN, HIP WIGGLES

1-2 Step back on right foot back diagonally to 4:00, touch left to next to right
3-4 Step back on left foot diagonally to 8:00, touch right toe next to left
5-6 Touch right toe to right side, turn body ¼ turn right, pivoting on ball of left foot, step right foot next to left
7&8 Wiggle hips left, right, left

ROLLING GRAPEVINE RIGHT & LEFT, CLAP HANDS

1-4 Step right foot to right side, making ¼ turn right, step forward left, pivot ¼ right, pivot ½ turn right on ball of left foot, tap left toe next to right foot and clap hands
5-8 Step left foot to left side, making ¼ turn left, step forward right, pivot ¼ left, pivot ½ turn left on ball of right foot, tap right toe next to left foot and clap hands

¼ TURN RIGHT, SHUFFLE RIGHT & LEFT, ½ TURN LEFT WITH HEEL BOUNCES

&1&2 Pivot $\frac{1}{4}$ turn right, step right foot forward, step left next to right, step right forward
3&4 Step left foot forward, step right next to left, step left forward
5 Step right foot in front of left
6-8 Pivot left $\frac{1}{2}$ turn on balls of both feet, lifting heels up and down 3 times (end with weight on right)

REPEAT
