

# One Track Mind

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Ed Lawton (UK) & Johnathan Montgomery  
音乐: One Track Mind - Eric Clapton



## WALK TWICE, TRIPLE FULL TURN, BACK BACK, TRIPLE ½ TURN

1-2      Walk forward on right, walk forward on left  
3&4      Make a ½ turn left stepping back on right, make ½ turn left stepping forward on left, lunge forward on to right  
5-6      Step back on left, step back on right  
7&8      Shuffle back on left, right, left making a ½ turn left

Restart here on wall 4

## KICKING JAZZ BOX TOUCH HOLD, 2 SAILOR STEP ½ TURN HITCH

1&2      Kick right forward, step right over left, step back on left  
&3-4      Step right to right side, step left over right, touch right toe to right side  
5&6      Step right behind left, step left to left side, step right to right side  
&7&8      Step left behind right, step right to right, step left to left side, make a ½ turn right on left foot hitching right

## ROCK TRIPLE TWICE

1-2      Step right to right side, rock onto left  
3&4      Step right behind left, step left to left side, step right over left  
5-6      Step left to left side, rock onto right  
7&8      Step left behind right, step right to right, step left over right

## ¼ TURN TOUCH TWICE, STEP TOUCH, SAILOR ¼ TURN, ½ PIVOT

1-2      Make a ¼ turn left touch right toe to right, make a ¼ turn left touch right toe to right  
3-4      Step forward on right, touch left toe to left side  
5&6      Step left behind right, step right to right side, make a ¼ turn left stepping forward on left  
7-8      Step forward on right, pivot ½ turn left

REPEAT

RESTART

Restart on wall 4 after count 8