

# One Toke Over The Line

**COPPER** KNOB  
STEPSHEETS

拍数: 64                      墙数: 2                      级数: Improver  
编舞者: Neil Hale (USA)  
音乐: One Toke Over the Line - Brewer & Shipley



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## CROSS-ROCK BEHIND, ROCK IN PLACE, STEP SIDE, LEFT, PAUSE, REPEAT OTHER SIDE

1-4                      Left cross-rock behind right, right rock in place, left step side left, pause  
5-8                      Right cross-rock behind left, left rock in place, right step side right, pause

## ROCK BACK, ROCK IN PLACE, STEP FORWARD, CROSS-STEP BEHIND

9-12                      Left rock back, right rock in place, step left forward, right cross-step behind left

## STEP FORWARD, STEP FORWARD, CROSS-STEP BEHIND, STEP FORWARD

13-16                      Step left forward, step right forward, left cross-step behind right, step right forward

## ROCK, ROCK, STEP TOGETHER, PAUSE, (FORWARD THEN BACK)

17-20                      Left rock forward, right rock in place, left step next to right, pause  
21-24                      Right rock back, left rock in place, right step next to left, pause

## ROCK FORWARD, ROCK IN PLACE, ½ TURN, ½ TURN

25-28                      Left rock forward, right rock in place, left step back into ½ turn right, right step forward into ½ turn left (turns should be done on toes and kept tight and close together)

## STEP BACK, STEP TOGETHER, STEP FORWARD, STEP TOGETHER

29-32                      Step left back, right step next to left, step left forward, right step next to left

## STEP SIDE LEFT, STEP TOGETHER, ¼ TURN LEFT, PAUSE

33-36                      Left step side left, right step next to left, left step left into ¼ turn left, pause

## ROCK FORWARD, ROCK IN PLACE, ¼ TURN RIGHT, STEP TOGETHER

37-40                      Right rock forward, left rock in place, right step back into ¼ turn right, left step next to right

## REPEAT THAT TO THE RIGHT

41-44                      Right step side right, left step next to right, right step into ¼ turn right, pause  
45-48                      Left rock forward, left rock in place, left step back into ¼ turn left, right step next to left

## STEP SIDE, STEP TOGETHER, STEP FORWARD, PAUSE, REPEAT THAT TO RIGHT AND BACK

49-52                      Left step side left, right step next to left, step left forward, pause  
53-56                      Right step side right, left step next to right, step right back, pause

## ROCK BACK, ROCK IN PLACE, ½ TURN RIGHT, STEP SIDE RIGHT

57-60                      Left rock back, right rock in place, left step forward into ½ turn right, right step side right and slightly back

## CROSS-STEP OVER RIGHT, STEP SIDE RIGHT, CROSS-STEP BEHIND RIGHT, STEP SIDE RIGHT

61-64                      Left cross-step over right, right step side right, left cross-step behind right, right step side right

REPEAT

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