

The One Thing I've Gotta Know

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: Improver
编舞者: Monique Kelly Lee (SA)
音乐: Life Is a Rollercoaster - Ronan Keating



SIDE TAPS X4

1 Tap your right toe to the side
2 Cross right over left
3 Tap your left toe to the side
4 Cross left over right
5-8 Repeat steps 1-4

KICK BALL CHANGE, RIGHT SHUFFLE FORWARD

9&10 Kick right forward, step right next to left, step left next to right
11&12 Step right forward, step left next to right, step right forward

ROCK FORWARD, LEFT SHUFFLE BACK

13&14 Step forward left, step back right shifting weight from left to right
15&16 Step left back, step right next to left, step left back

ROCK BACK, CHASSE RIGHT

17&18 Step back right, step forward left
19& Step right to right side, step left next to right
20 Step right to right side

CROSS ROCK, CHASSE LEFT WITH ¼ TURN

21&22 Step right across left, step left in place
23& Step left to left side, step right next to right
24 Step left to left side while turning ¼ left

WALK FORWARD, RIGHT SHUFFLE FORWARD

25&26 Step forward right, step forward left
27&28 Step right forward, step left next to right, step right forward

ROCK FORWARD, LEFT COASTER STEP

29-30 Step forward left, step back right shifting weight from left to right
31&32 Step back on left, step right next to left, step left forward

JAZZ BOX WITH ¼

33-34 Cross step right over left, step back on left
35-36 Step ¼ turn to the right on right, step left next to right
37-40 Repeat steps 33-36

REPEAT
