One Tender Night (P)



编舞者: Ann Williams (UK)

音乐: One Tender Night - Carlene Carter



Position: Facing OLOD, man behind lady, left hands held over lady's left shoulder. Same feet throughout

STEP, PIVOT, SHUFFLE, STEP, PIVOT, SHUFFLE

1-2 Step left forward, pivot ½ turn right

Raise joined left hands over lady's head and lower behind man's back

3&4 Left shuffle forward

5-6 Step right forward, pivot ½ turn left

Raise joined left hands over lady's head, join right hands in Indian Position

7&8 Right shuffle forward

SIDE, BEHIND, 1/4 TURN SHUFFLE, STEP, LOCK, SHUFFLE

9-10 Step left to left side, step and cross right behind left

11&12 Turn ¼ left and left shuffle forward

Now facing LOD in right Side By Side Position, Sweetheart

13-14 Step right forward, step and lock left behind right

15&16 Right shuffle forward

STEP, PIVOT, CROSS SHUFFLE, 1/4 TURN SHUFFLE, WALK, WALK

17-18 Step left forward, pivot ¼ turn right

Now facing OLOD in Indian Position

19&20 Cross shuffle left over right

21&22 Turn ¼ right and right shuffle forward

Make this turn quite sharp, now facing RLOD in Left Side By Side Position

23-24 Walk forward on left, right

STEP, PIVOT, CROSS SHUFFLE, 1/4 TURN SHUFFLE, WALK, WALK

25-26 Step left forward, pivot ¼ turn right, now facing ILOD

Release right hands, raise left over lady's head rejoin right hands in Reverse Indian Position

27&28 Cross shuffle left over right

29&30 Turn ¼ right and right shuffle forward

Make this turn quite sharp, now facing LOD release left hands, raise right over lady's head

31-32 Walk forward on left, right Rejoin left hands in Right Side By Side Position

SWAY, SWAY, SHUFFLE, SWAY, SWAY, SHUFFLE

33-36 Step left slightly forward and diagonally to left and sway hips left then right, left shuffle

forward

37-40 Step right slightly forward and diagonally to right and sway hips right then left, right shuffle

forward

THREE 1/4 TURN SHUFFLES, SIDE STEP, TOUCH

Step left forward making ¼ turn left, step right to right side, step left beside right

Release left hands, raise right over lady's head, rejoin left hands in Reverse Indian Position, facing ILOD

43&44 Turn ¼ left and right shuffle backwards

Left hands now held in front, right hands held behind man's back, facing RLOD

45&46 Step left back making ¼ turn left, step right beside left, step left to left side

Release right hands, raise left and pass over lady's head and lower to her left shoulder, facing OLOD

47-48 Step right long step to right, slide and touch left beside right