

# One Step In Front Of The Other

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Dianne Joseph (AUS)  
音乐: One Foot In Front of the Other - Lee Roy Parnell



- 1-2      Step right forward at 45 degrees, step left behind right  
3-4      Step right forward at 45 degrees, touch left beside right  
5-8      Step left back at 45 degrees, hold, step right back at 45 degrees, hold
- 1-2      Step left forward at 45 degrees, step right behind left  
3-4      Step left forward at 45 degrees, touch right beside left  
5-8      Step right back at 45 degrees, hold, step left back at 45 degrees, hold
- 1-3      Step right across front of left, step left back, step right to side  
4      Scuff left at 45 degrees to left  
5-7      Step left across front of right, step right back, step left to side  
8      Scuff right at 45 degrees to right
- 1-3      Step right across front of left, step left back, step right to side  
4      Scuff left at 45 degrees to left  
5-7      Step left across front of right, turn  $\frac{1}{4}$  turn right and step back on right  
8      Step left to side, scuff right beside left
- 1-4      Vine right turning  $\frac{1}{4}$  turn right, touch left beside right  
5-8      Step back on left, hold, step back on right, hold
- 1-4      Step back on left, rock forward onto right, touch left heel forward, hold  
5-8      Step left to side, hold, step right beside left, hold
- 1-4      Step back on right, rock forward onto left, touch right heel forward, hold  
5-8      Step back on right, step left beside right, step right forward, hold
- 1-3      Step back on left, rock forward onto right, step forward on left  
4      Turn  $\frac{1}{4}$  turn right  
5-7      Step back on right, step back on left, step back on right  
8      Step forward on left

**REPEAT**

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