

# One Song

COPPER KNOB  
BY STEPHEN BERRY

拍数: 32                      墙数: 2                      级数: Advanced  
编舞者: Terry Hogan (AUS)  
音乐: One Song - John Berry



Sequence: 32, 32, TAG-4, 32, RESTART-7&, 32, TAG-4, 32, 32, 20

## SIDE, RIGHT SAILOR, LEFT FORWARD COASTER, CROSS, BACK, BACK, CROSS, $\frac{3}{4}$ R UNWIND

- 1                      Long step side on left allowing right foot to drag toward left  
2&3                    Step right across behind left, step on ball of left to the side, replace weight stepping slightly forward onto right  
4&5                    Step left forward, step right beside left, step left backward toward left diagonal  
&-6                    Step right backward to cross over left, step left backward to left diagonal  
&-7                    Step right backward to right diagonal, step left backward to cross over right  
8                      Unwind making  $\frac{3}{4}$  turn right taking weight on left foot - right foot is forward of left with heel raised and knee pushed forward - facing 9:00

## FORWARD, $\frac{1}{2}$ PIVOT LEFT, $\frac{1}{4}$ LEFT SIDE, BEHIND, $\frac{1}{4}$ RIGHT FORWARD, FORWARD, $\frac{1}{2}$ PIVOT RIGHT, $\frac{1}{4}$ RIGHT SIDE, SIDE $\frac{1}{2}$ LEFT, $\frac{1}{4}$ LEFT FORWARD, FORWARD, $\frac{1}{4}$ LEFT, CROSS

- 9&                    Step right forward, make  $\frac{1}{2}$  pivot turn left taking weight onto left  
10                    Make  $\frac{1}{4}$  turn left and step right to the side  
11&                    Step left across behind right, make  $\frac{1}{4}$  turn right and step right forward  
12&                    Step left forward, make  $\frac{1}{2}$  pivot turn right taking weight onto right  
13                    Make  $\frac{1}{4}$  turn right and rock-step left to the side - facing front  
14&                    Push-rock sideward onto right and make  $\frac{1}{2}$  turn left, make  $\frac{1}{4}$  turn left and step left forward - facing 3:00  
15&16                Step right forward, make  $\frac{1}{4}$  pivot turn left taking weight onto left, step right across in front of left - facing front

## ROCK SIDE, REPLACE, CROSS FORWARD, ROCK SIDE, REPLACE, CROSS FORWARD, SIDE $\frac{1}{4}$ RIGHT, ROCK BACK, REPLACE, FORWARD, FORWARD, ROCK FORWARD $\frac{1}{4}$ LEFT, REPLACE SIDE

- &17                    Rock-step left to the side, replace weight onto right stepping slightly forward  
&18                    Step left forward and across in front of right, rock-step right to the side  
&19                    Replace weight onto left stepping slightly forward, step right forward and across in front of left

### Note that counts 17-19 should move forward

- &20                    Step left to the side making  $\frac{1}{4}$  turn right, rock-step right foot backward  
21-23                Step forward left-right-left  
24&                    Rock-step forward right making  $\frac{1}{4}$  turn left, replace weight sideward onto left

## CROSS ROCK, REPLACE, SIDE, CROSS, SIDE, CROSS ROCK, REPLACE, $\frac{1}{4}$ LEFT FORWARD, $\frac{1}{2}$ LEFT, BACK ROCK BACK, REPLACE, TOGETHER $\frac{1}{4}$ RIGHT

- 25-26                Cross-rock right over left, replace weight back onto left  
&                      Step right to the side  
27-28                Cross-rock left over right, replace weight back onto right  
29&                    Make  $\frac{1}{4}$  turn left and step left forward, make  $\frac{1}{2}$  turn left and step right beside left  
30-31                Step back left, rock-step right backward  
32                    Rock forward onto left  
&                      Step right beside left making  $\frac{1}{4}$  turn right

## REPEAT

## TAG

**Both times facing front wall**

- 1-2                    Rock-step left to the side, replace weight on right making  $\frac{1}{4}$  turn right
- &3-4                  Turn  $\frac{1}{4}$  right and step left beside right, make  $\frac{1}{2}$  turn right and step right to the side, slide left to touch beside right

**RESTART**

For the restart it is necessary to alter the unwind to do a full turn instead of the usual  $\frac{3}{4}$ . The turn is actually done this time on count 7 as you cross left over right then add an "&" count as you complete the turn and step the right foot slightly to the right side before restarting. You will be facing the back wall.

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