

# One Or The Other

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Irene Groundwater (CAN)  
音乐: One or the Other - Paula Abdul



Sequence: When dancing to "One Or The Other", dance counts 1-32 eleven times, 4 count tag, counts 1-32 four times. When dancing to "Kiss Me Honey", dance counts 1-32 twelve. When dancing to "Elvis Blessed My Soul", dance counts 1-32 fourteen times, then dance counts &29-32 twice to end dance on front wall

## **SIDE, TOGETHER, SIDE, SCUFF, ¼ TURN RIGHT, ¼ TURN RIGHT, FORWARD, ½ TURN RIGHT**

1-2                      Side step right, step left beside right  
3-4                      Side step right, scuff left heel forward beside right  
5                        Left forward making ¼ turn right on step  
6                        Pivot ¼ turn right on left ball and replace weight on right  
7-8                      Left forward, pivot ½ turn right taking weight onto right

### **Option**

5-6-7-8                Cross left in front of right, replace weight on right, side left, right beside left

## **SIDE, TOGETHER, SIDE, SCUFF, ¼ TURN LEFT, ¼ TURN LEFT, FORWARD, ½ TURN LEFT**

9-10                    Side step left, step right beside left  
11-12                   Side step left, scuff right heel forward beside left  
13                       Right forward making ¼ turn left on step  
14                       Pivot ¼ turn left on right ball and replace weight on left  
15-16                   Right forward, pivot ½ turn left taking weight onto left

### **Option**

13-14-15-16          Cross right in front of left, replace weight on left, side right, left beside right)

## **RIGHT DIAGONAL FORWARD, SCUFF, FORWARD, SCUFF, RIGHT DIAGONAL FORWARD, SCUFF, TOGETHER, SCUFF**

17-18                   Right diagonal forward scuff left heel forward beside right  
19-20                   Left forward past right, scuff right heel forward beside left  
21-22                   Right diagonal forward scuff left heel forward beside right  
23-24                   Step left beside right, scuff right heel forward beside left

## **FORWARD JUMP, CLAP, BACK JUMP, CLAP, FORWARD JUMP, CLAP, ¼ TURN RIGHT, CLAP**

&25-26                Right jump forward, left closes beside right, clap hands overhead  
&27-28                Right jump back, left closes beside right, clap hands behind body  
&29-30                Right jump forward, left closes beside right, clap hands overhead  
&31-32                Right jump back making ¼ turn right on step, left closes beside right, clap hands behind body

### **Option**

Replace jumps with forward or backward steps

## **REPEAT**

### **TAG**

&1-2                    Right jump forward, left closes beside right, clap hands overhead  
&3-4                    Right jump back making ¼ turn right on step, left closes beside