

# One Of Us

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Johnnie "Legs" Sutton  
音乐: One of Us - ABBA



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## TWO WALKS, RIGHT SIDE MAMBO, TWO WALKS LEFT SIDE MAMBO

1-2      Walk forward right, walk forward left  
3&4      Rock right sideways, rock left to left, step right beside left  
5-6      Walk forward left, walk forward right  
7&8      Rock left sideways, rock right to right, step left beside right

## RIGHT RONDE, ½ TURN UNWIND, JAZZ BOX INTO ¼ TURN RIGHT

1-2      Sweep right out and around over left  
3-4      Unwind ½ turn left (weight ends on left)  
5-6      Cross right over left, step back left  
7-8      Step right into ¼ turn right, touch left beside right

## ROCK STEP, TRIPLE ½ TURN, FULL TURN, LEFT SHUFFLE

1-2      Rock forward on right, recover onto left  
3&4      Triple ½ turn right, stepping right left right  
5-6      Step forward left into ½ turn right, step forward right into ½ turn right  
7&8      Step left forward, close right beside left, step left forward

## JAZZ BOX INTO ¼ TURN RIGHT, FOUR HEEL SWITCHES

1-2      Cross right over left, step back left  
3-4      Step right into ¼ turn right, touch left beside right  
5-6      Touch right heel forward and replace, touch left heel forward and replace  
7-8      Touch right heel forward and replace, touch left heel forward and replace

**REPEAT**

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