

One Of Those Nights

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate cha cha
编舞者: Connie van den Bos (NL)
音乐: One Of Those Nights - Prairie Oyster



This track is very long. Fade out after approximate 3 1/2 minute

CROSS, SWAY, SWAY, BEHIND, SIDE, CROSS, SWAY, SWAY, 1/2 SAILOR TURN

- 1-3 Step left across right, step right to right side and push hips to right, push hips left (weight on left)
- 4&5 Step right behind left, step left to left side, step right across left
- 6-7 Step left to left side and push hips left, push hips right (weight on right)
- 8&1 Step left behind right, turn 1/2 left and step right back, step forward on left

LOCK, STEP, STEP, TOUCH BEHIND, BACK, CROSS TOUCH, STEP, 1/2 PIVOT TURN, STEP

- 2-3 Step right behind left (lock), step forward on left
- 4&5 Step forward on right, touch left behind right, step back on left
- 6-7 Touch right across left, step forward on right
- 8&1 Step forward on left, turn 1/2 right (weight to right), step forward on left

LOCK, STEP, STEP, TOUCH BEHIND, BACK, CROSS TOUCH, STEP, 1/4 PIVOT TURN, CROSS

- 2-3 Step right behind left (lock), step forward on left
- 4&5 Step forward on right, touch left behind right, step back on left
- 6-7 Touch right across left, step forward on right
- 8&1 Step forward on left, turn 1/4 right (weight to right), step left across right

1/4 TURN, 1/2 TURN, STEP, PIVOT TURN, STEP, FULL TURN, STEP, 1/4 PIVOT TURN

- 2-3 Turn 1/4 left step back on right, turn 1/2 left step forward on left
- 4&5 Step forward on right, turn 1/2 left (weight to left), step forward on right
- 6-7 Turn 1/2 right step back on left, turn 1/2 right step forward on right
- 8& Step forward on left, turn 1/4 right (weight to right)

Easier option 6-7 walk forward left, right

REPEAT