

# One Of These Days

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Colleen Archer (AUS)  
音乐: One Of These Days - Mitchell Shadlow



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- 1-2            Step right forward, step left forward  
3&4          Right kick ball change (kick right forward, step right beside left, step left beside right)  
5-6          Step right forward, rock back onto left  
7&8          Shuffle back stepping right-left-right (12:00)
- 1-2            Step left back to diagonal, touch right beside left and clap  
3-4          Turn ¼ right and step right to side, touch left beside right and clap  
5-6          Step left back, step right beside left  
7-8          Step left forward, scuff right forward beside left (3:00)
- 1-2            Step right forward, step/lock left behind right heel (or step left beside right)  
3-4          Step right forward, scuff left forward beside right  
5-6          Touch left heel forward to diagonal, hook left heel up to right shin  
7-8          Touch left heel forward to diagonal, touch left beside right (3:00)
- 1-2            Step left to side, step cross right behind left  
3-4          Step left to side, step right beside left (feet are together)  
5-6          Twist both heels to the left, twist both heels right to center (twist with weight on balls of both feet)  
7             Twist both heels to the left while turning ¼ right  
8             Touch right toe back (6:00)

**REPEAT**

**FINISH**

**Step right forward, step left beside**

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