

1 Night Stand

拍数: 32 墙数: 2 级数: Improver
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音乐: One Night Stand - Enrique Iglesias



HEEL TOUCH, TOE TOUCH, CHASSE LEFT WITH ¼ TURN LEFT, STEP RIGHT PIVOT ½ LEFT, RIGHT SHUFFLE FORWARD

1-2 Touch left heel forward, touch left toe beside right
3&4 Step left to left side, close right beside left, step left ¼ turn left.
5-6 Step right forward, pivot ½ turn left
7&8 Step right forward, close left beside right, step right forward

STEP LEFT, PIVOT ¼ TURN RIGHT, CROSSING SHUFFLE, TOE SWITCHES, SIDE STEP, TOUCH LEFT

9-10 Step left forward, pivot ¼ turn right
11&12 Cross left over right, step right to right side, cross left over right
13&14 Touch right toe to right side, close right beside left, touch left toe to left side
&15 Close left beside right, step right to right side
16 Touch left toe beside right

TRIPLE ½ TURN LEFT, FORWARD ROCK, TRIPLE ½ TURN RIGHT, STEP LEFT, PIVOT ½ RIGHT

17&18 Triple step ½ turn left stepping on left, right, left
19-20 Rock forward on right, recover weight back onto left
21&22 Triple step ½ turn right stepping on right, left, right
23-24 Step forward on left, pivot ½ turn right

WALK FORWARD, SIDE TOUCH, RIGHT SAILOR STEP, STEP LEFT, PIVOT ½ TURN RIGHT

25-26 Step forward on left, step forward on right
27-28 Step forward on left, touch right toe to right side
29&30 Cross right behind left, step left to left side, step right beside left
31-32 Step forward on left, pivot ½ turn right

REPEAT
