

One Night At A Time (P)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Carol Hill
音乐: One Night At a Time - George Strait



LADY'S STEPS

- 1-4 (SS) Step right back, hold, step left back, hold
5-6 (QQ) Step right to side, step left together
- 7-12 Repeat 1-6
- 13-14 (S) Step right forward, touch left together
15-16 (S) Step left forward, hitch right knee and turn ½ left
- Into wrap position**
- 17-21 Roll away from partner in three steps right, left, right
22 Touch left, hands joined
21-23 Roll back into wrap position in three steps left, right, left
24 Touch right
- 25-28 Step right, touch left, step left, touch right, raising hands above head into cathedral position
(in open position), changing hands
- 29-32 Rolling vine to the right together right, left, right and touch left (right hands joined)
- 33 Step left
34 Touch right
35 Step right
36 Touch left
- 37-40 Roll 1 ½ turn left to end facing partner, left, right, left, and touch right, right hand to right hand,
right shoulder to right shoulder
- 41 Step ¼ right on right
42 Touch left beside right
43 Step ¼ left on left (back to shoulder to shoulder)
44 Touch right beside left
- 45-47 Rolling vine to the right (away from each other) three steps right, left, right
48 Touch left, ending left hand to left hand
49-51 Rolling vine to the left three steps left, right, left
52 Touch right ending in closed dance position but hip to hip
- 53-56 Long steps back right, left in a weave position (lady facing 10:00)
57 Step right
58 Close left in a closed dance position LOD
- 59-62 Long steps back right, left in a weave position (lady facing 2:00)
63 Step right
64 Close left in a closed dance position LOD

REPEAT

MAN'S STEPS

- 1-2 Step forward left
3-4 Step forward right
5 Step side left on left
6 Close with the right
- 7-8 Step forward left
9-10 Step forward right
11 Step side left on left
12 Close with the right
- 13 Step on left foot
14 Touch right
15 Step on right foot
16 Touch left foot beside
- 17-20 Vine left and touch right rolling partner to her right
21-24 Vine right and stomp left (four steps to change feet) winding partner back into wrap position
- 25-28 Step right, touch left, step left, touch right, raising hands above head into cathedral position (open position) changing hands
29-32 Rolling vine to the right together right, left, right and touch left (right hands joined)
33 Step left
34 Touch right
35 Step right
36 Touch left
37-40 Vine left three steps left, right, left and touch right, ending right shoulder to right shoulder with right hands joined
- 41 Step $\frac{1}{4}$ right on right
42 Touch left beside right
43 Step $\frac{1}{4}$ left on left (back to shoulder to shoulder)
44 Touch right beside left
- 45-47 Rolling vine to the right (away from each other) right, left, right
48 Touch left ending left hand to left hand
49-52 Rolling vine to the left (away from each other) left, right, left and stomp right (four steps to change feet) catching lady in a weave position
- 53-56 Long steps forward left, right in a weave position (man facing 4:00)
57 Step left
58 Close right in closed dance position LOD
- 59-62 Long steps forward left, right in a weave position (man facing 8:00)
63 Step left
64 Close right in closed dance position LOD

REPEAT
