

One Night At A Time (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Carol Hill
音乐: One Night At a Time - George Strait



LADY'S STEPS

- 1-4 (SS) Step right back, hold, step left back, hold
5-6 (QQ) Step right to side, step left together
- 7-12 Repeat 1-6
- 13-14 (S) Step right forward, touch left together
15-16 (S) Step left forward, hitch right knee and turn $\frac{1}{2}$ left
- Into wrap position**
- 17-21 Roll away from partner in three steps right, left, right
22 Touch left, hands joined
21-23 Roll back into wrap position in three steps left, right, left
24 Touch right
- 25-28 Step right, touch left, step left, touch right, raising hands above head into cathedral position
(in open position), changing hands
29-32 Rolling vine to the right together right, left, right and touch left (right hands joined)
33 Step left
34 Touch right
35 Step right
36 Touch left
37-40 Roll $1\frac{1}{2}$ turn left to end facing partner, left, right, left, and touch right, right hand to right hand,
right shoulder to right shoulder
- 41 Step $\frac{1}{4}$ right on right
42 Touch left beside right
43 Step $\frac{1}{4}$ left on left (back to shoulder to shoulder)
44 Touch right beside left
- 45-47 Rolling vine to the right (away from each other) three steps right, left, right
48 Touch left, ending left hand to left hand
49-51 Rolling vine to the left three steps left, right, left
52 Touch right ending in closed dance position but hip to hip
- 53-56 Long steps back right, left in a weave position (lady facing 10:00)
57 Step right
58 Close left in a closed dance position LOD
- 59-62 Long steps back right, left in a weave position (lady facing 2:00)
63 Step right
64 Close left in a closed dance position LOD

REPEAT

MAN'S STEPS

1-2	Step forward left
3-4	Step forward right
5	Step side left on left
6	Close with the right
7-8	Step forward left
9-10	Step forward right
11	Step side left on left
12	Close with the right
13	Step on left foot
14	Touch right
15	Step on right foot
16	Touch left foot beside
17-20	Vine left and touch right rolling partner to her right
21-24	Vine right and stomp left (four steps to change feet) winding partner back into wrap position
25-28	Step right, touch left, step left, touch right, raising hands above head into cathedral position (open position) changing hands
29-32	Rolling vine to the right together right, left, right and touch left (right hands joined)
33	Step left
34	Touch right
35	Step right
36	Touch left
37-40	Vine left three steps left, right, left and touch right, ending right shoulder to right shoulder with right hands joined
41	Step $\frac{1}{4}$ right on right
42	Touch left beside right
43	Step $\frac{1}{4}$ left on left (back to shoulder to shoulder)
44	Touch right beside left
45-47	Rolling vine to the right (away from each other) right, left, right
48	Touch left ending left hand to left hand
49-52	Rolling vine to the left (away from each other) left, right, left and stomp right (four steps to change feet) catching lady in a weave position
53-56	Long steps forward left, right in a weave position (man facing 4:00)
57	Step left
58	Close right in closed dance position LOD
59-62	Long steps forward left, right in a weave position (man facing 8:00)
63	Step left
64	Close right in closed dance position LOD

REPEAT
