

One Night

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Charlotte O'Connor (UK)
音乐: One Night - The Corrs



- 1-2& Slide right to right side, rock back on left, rock forward on right
3-4& Slide left to left side, rock back on right, rock forward on left
5-6 Step right to right side making $\frac{1}{4}$ turn, step left foot forward
7-8& Half turn over right shoulder keeping the weight on left foot, rock right foot back rock left foot forward
- 1&2 Half turn over left shoulder stepping right foot back, half turn over right shoulder stepping left foot forward, half turn over left shoulder stepping right foot back
3&4 Rock left foot back, rock right foot forward, step left to left side
5-6 Bump hips right, left
7&8 Rock right foot back rock left foot forward, step right foot to right side
- 1&2 Cross rock left foot over right, rock right foot back, slide left to left side making $\frac{1}{4}$ turn
3&4 Rock right foot forward, rock left foot back, step back on right foot
5-6 Slide left foot back touching right in place on count 6
7&8 Step right foot back, step left next to right, step right foot forward
- 1&2 Cross left foot over right, rock right to right side, rock left in place
3&4 Cross right over left, rock left to left side, rock right in place
5-6 Cross left foot over right, unwind full turn sweeping right leg out to right side
7&8 Cross right foot behind left, step left foot to left side, cross right foot over left
- 1&2 Rock left foot to left side, rock right in place, step left foot next to right
3&4 Step right foot forward, slide left to right, step right foot forward
5&6 Rock left foot forward, rock right foot back, make a $\frac{1}{2}$ turn over left shoulder stepping left foot forward
7&8 Rock right to right side, rock left in place, step right foot next to left
- 1&2 Step left to left side, step right foot next to left, step left foot to left side
3-4 Stepping right foot to right side bump hips right, left
5&6 Step right foot next to left, rock left foot out to left side, rock right in place
7&8 Step left in place, rock right to right side, rock left in place

REPEAT
