

# One More Time

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver  
编舞者: Joe Steele (USA) & Trisha Sweeney (USA)  
音乐: Baby One More Time - Britney Spears



## STEP RIGHT FORWARD, HIP, HIP

1-2      Step right foot forward with 2 hip bumps forward, step left forward, hip, hip  
3-4      Step left foot forward with 2 hip bumps forward, step right forward, hip, hip  
5-6      Step right foot forward with 2 hip bumps forward, step left forward, hip, hip  
7-8      Step left foot forward with 2 hip bumps forward

## STEP OUT, CLAP, STEP IN, CLAP

&      Step out with the right  
9      Step out with the left  
10      Clap  
&      Step in with right  
11      Step in with left  
12      Clap

## KICK BALL CHANGE

13      Kick right foot forward  
&14      Step on the ball of right foot next to left, change weight to left in place

## STEP, PIVOT HALF TURN

15      Step forward on right  
16      Pivot ½ turn left, changing weight to left foot  
  
17-32      Repeat first 16 Steps

## SYNCOPATED WEAVE RIGHT

33-34&      Step right to right side, cross left behind right, step right to right side  
35&36      Cross left over right, step right to right side, touch left heel to left side at a slight angle forward

## VAUDEVILLES

&37      Step left in place, cross right over left  
&38      Step left to left side, touch right heel to right side at a slight angle forward  
&39      Step right in place, cross left over right  
&40      Step right to right side, touch left heel to left side at a slight angle forward

## SYNCOPATED FORWARD STEPS

&      Step left beside right  
41      Step right foot forward  
42      Clap  
&      Slide left beside right  
43      Step right foot forward  
44      Clap

## ROCK STEP FORWARD, CHA-CHA STEP WITH ¼ TURN TO LEFT

45      Rock forward on left  
46      Recover on right  
47      Step left with ¼ turn

& Step right foot beside left  
48 Step left foot beside right (keeping weight on left)

**REPEAT**

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