

One More Night (Una Noche Más)

COPPER KNOB
STEPSHETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jon Levant (USA) & Gail Levant (USA)
音乐: Una Noche Más - Jennifer Lopez



This dance was choreographed for The Pacific Rim Dance Classic held at the Sea-Tac Doubletree Hotel, August 27-29, 2004. It is dedicated to Maryanne Ellis, Line Dance Coordinator

SIDE, ROCK BACK, RECOVER, CHA-CHA FORWARD, ROCK FORWARD, RECOVER, COASTER STEP

1-3 Step left foot to left, cross rock right foot behind left foot, recover onto left foot
4&5 Step right foot forward-slide left instep forward behind right heel-step right foot forward
6-7 Rock left foot forward, recover onto right foot
8&1 Step left foot back-step right foot next to left foot-step left foot forward

You will automatically angle slightly toward the right diagonal on steps 1-7. Square up to the 12:00 wall on counts 8&1

ROCK FORWARD, RECOVER ¼ RIGHT, TRIPLE 1 ¼ TURN RIGHT, ROCK FORWARD, RECOVER, CHA-CHA ¼ LEFT

2-3 Rock right foot forward, recover onto left foot turning ¼ right
4&5 Step right foot forward ¼ right-step left foot back ½ turn right-step right foot forward ½ right

Easier option: cha-cha ¼ turn right on counts 4&5

6-7 Rock left foot forward, recover onto right foot
8&1 Step left foot left while turning ¼ left-step right foot next to left foot-step left foot left

CROSS ROCK, RECOVER, CHA-CHA RIGHT, CROSS BEHIND, UNWIND, POINT

2-3 Cross rock right foot over left foot, recover onto left foot
4&5 Step right foot right-step left foot next to right foot-step right foot right
6-7 Cross left foot behind right foot, unwind ½ turn left keeping weight on left foot
8 Point right toes to right side

CROSS, POINT, CROSS, POINT, SAILOR STEP, SAILOR STEP

1-2 Cross step right foot over left foot moving forward, point left toes to left side
3-4 Cross step left foot over right foot moving forward, point right toes to right side
5&6 Cross right foot behind left foot-step left foot left-step right foot right
7&8 Cross left foot behind right foot-step right foot right-step left foot left

CROSS, HOLD, ½ TURN, HOLD, SKATE, HOLD, SKATE, HOLD

1-2 Cross right foot over left foot, hold
3-4 Turn ½ left onto left foot, hold
5-6 Skate diagonally forward on right foot, hold
7-8 Skate diagonally forward on left foot, hold

ROCK ¼ LEFT, RECOVER, HIP BUMPS, SIDE, TOGETHER, CHA-CHA LEFT

1-2 Rock onto right foot while turning ¼ left, recover on left foot
3&4 Bump hips right-bump hips left-bump hips right
5-6 Step left foot left, step right foot next to left foot
7&8 Step left foot left-step right foot next to left foot-step left foot left

CROSS, HOLD, ½ TURN, HOLD, SKATE, HOLD, SKATE, HOLD

1-8 Repeat counts 33-40

ROCK ¼ LEFT, RECOVER, HIP BUMPS, SIDE, TOGETHER, CHA-CHA LEFT (&)

1-2 Rock onto right foot while turning $\frac{1}{4}$ left, recover on left foot
3&4 Bump hips right-bump hips left-bump hips right
5-6 Step left foot left, step right foot next to left foot
7&8 Step left foot left-step right foot next to left foot-step left foot left
& Step right foot next to left foot

REPEAT

RESTART

During the second rotation, after count 48, step right foot next to left foot (&) then restart exactly as you do on counts 64 (&)

OPTIONAL ENDING:

The music will fade out during counts 1-8. You will be on the 6:00 wall. To end facing 12:00, dance counts 1-7 normally then do a $\frac{1}{2}$ left triple turn (left-right-left)
