

One Love

拍数: 32 墙数: 4 级数: Intermediate
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音乐: One Love - Blue



DIP, KICK, BEHIND & CROSS, ROCK & CROSS, RIGHT CHASSE

1-2 Rock to left on left bending left knee dipping body down and left, kick right foot diagonally forward right recovering to upright
3&4 Step right behind left, step left to left side, step right across left
5&6 Rock to left side on left, recover on right, cross step left over right
7&8 Step right to right side, step left next to right, step right to right side

& WALK, WALK, HITCH ¼ TWICE, CROSS, POINT & POINT, FLICK, TOUCH

&1-2 Step down on left, walk forward right, left
&3&4 On ball of left foot make ¼ turn to left hitching right knee, touch right toe to right side, on ball of left foot make ¼ turn to left hitching right knee, touch right toe to right side
5-6 Cross step right over left, touch left toe to left side
&7&8 Step in place on left, touch right toe to right side, flick right foot up behind left knee (figure 4), touch right toe to right side

BEHIND, ROCK & CROSS ¼ TURN, ROCK & ½ TURN, LOCK STEP BACK

1 Step right behind left
2&3 Rock to left side on left, recover on right, cross step left over right
4 Make ¼ left stepping back on right
5&6 Rock back on left, recover on right, on ball of right make ½ turn right stepping back on left
7&8 Step back on right, lock left across right, step back right

TURN, TOE & HEEL & TOUCH & CROSS ROCK & CROSS UNWIND

1-2 Make ½ turn left stepping forward on left, touch right toe behind left heel
&3&4 Step slightly back on right, touch left heel forward, step in place on left, touch right toe across front of left
&5-6 Step right to right side, cross rock left over right, recover on right
&7-8 Step left to left side (slightly back), cross right over left, unwind full turn to left (finish with weight on right)

On last wall (9) finish with an extra quarter turn on the cross unwind at end to finish facing the front

REPEAT

TAG

At end of wall 3 (9:00) and 6 (6:00)

STEP, TOUCH, CHASSE RIGHT, ROCK BEHIND & STEP & STEP, ROCK

1-2 Step left to left side, touch right toe next to left
3&4 Step right to right side, step left next to right, step right to right side
5&6 Cross rock left behind right, recover on right, big step left on left
&7-8 Step right next to left, step left to left side, rock weight onto right