

One Look

拍数: 32 墙数: 4 级数: Improver
编舞者: Betty McNeill (UK)
音乐: You Got It - Roy Orbison



ROCKS FORWARD AND BACK- RIGHT COASTER

1-2-3&4 Rock forward right foot replace weight onto left foot - step back onto right foot -step left foot back next to right foot - step forward onto right foot

ROCKS FORWARD AND BACK - ½ TURNING SHUFFLE

5-6-7&8 Rock forward left foot replace weight onto right foot - take three steps left-right-left making ½ turn to left

STEP SLIDES -STEPS - SAILOR ¼ TURN RIGHT

9-12 Step forward right foot slide left foot next to right foot- step forward left foot slide right foot next to left foot
&13-14 Quickly step onto right foot-step left foot over right foot - step right foot to right side
15&16 Step left foot behind right foot - step right foot to right side - step left foot to left side making ¼ turn right

ROCKS AND SHUFFLES FORWARD THEN BACKWARDS

17-18-19&20 Rock back onto right foot -rock forward onto left foot then shuffle forward right-left-right
21-22-23&24 Rock forward onto left foot - rock back onto right foot then shuffle backwards left-right-left

TOUCH BACK TURN ¼ RIGHT - KICK WITH BALL CHANGES

25-26 Touch right foot back and turn ¼ right kicking right foot diagonal to right
&27&28 Two quick steps crossing right over left then 2 quick steps bringing feet together

SAILOR RIGHT WITH ¼ TURN RIGHT - STEP AND SCUFF

29&30 Step right foot behind left foot- step left foot to left side- step right foot to right making ¼ turn right
31-32 Step forward on left foot and scuff right foot forward

REPEAT

At end of 3rd wall there is 4 extra beats. Rock forward on right foot and back with left foot to fill in.
