

# One In A Row

拍数: 32                      墙数: 2                      级数: Improver  
编舞者: Peter Blaskowski (USA)  
音乐: One In a Row - Trick Pony



## HEEL, TOE, ½ TURN, CHA-CHA FORWARD

1-2                      Touch right heel forward, touch right toe behind  
3-4                      Step right foot forward, pivot ½ turn left ending with weight on left foot  
5&                      Step right foot forward, step left foot behind right foot  
6&7&                      Repeat 5& twice  
8                      Step right foot forward

## CHA-CHA BASIC, ¼ TURN, ROCK STEP, COASTER STEP

1-2-3                      Step left foot to left side, rock right foot back behind left foot, rock left foot forward  
4&                      Step right foot to right side, step left foot next to right foot  
5                      Step right foot to right side turning ¼ turn to the right  
6-7                      Rock left foot forward, recover weight to right foot  
8&1                      Step left foot back, step right foot next to left foot, step left foot forward

## TOUCH, HOOK, SHUFFLE SIDE RIGHT, ROCK, STEP, SHUFFLE TURN

2-3                      Touch right toe to right side, hitch right knee across in front of body  
4&5                      Step right foot to right side, step left foot beside right foot, step right foot to right side  
6-7                      Rock left foot in front of right foot, recover weight onto right foot  
8&1                      Step left foot to left side, step right foot beside left foot, turn ¼ to the left and step left foot forward

## KICK-BALL-STEP, KICK-BALL-STEP, CHA-CHA FORWARD

2&3                      Kick right foot forward, step ball of right foot next to left heel, step forward on left foot  
4&                      Kick right foot forward, step ball of right foot next to left heel  
5&                      Step left foot forward, step right foot behind left foot  
6&7&                      Repeat 5& twice  
8                      Step left foot forward

## REPEAT

## FINISH

If you start with the lyrics, you will end the dance with the cha-cha forward on counts 5-8. The music changes to "Tequila" by The Champs. Finish with 4 quick walks forward on counts 1&2&, then throw your hands in the air and shout "Tequila". (This ending was borrowed from Margarita Man by Jamie Marshall.)