

One In A Million

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate/Advanced
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音乐: One in a Million - Bosson



STEP TOUCH STEP, ROCK & CROSS, TOUCH AND PIVOT

- 1-2 Step forward left, touch right toe inward towards left foot
- 3 Pivot $\frac{1}{4}$ right as you step down on right
- 4&5 Rock left side left, recover on right, cross left over right
- 6 Touch right side right
- 7 Pivoting on both feet (with weight shifting to the right), turn $\frac{1}{2}$ right

You should be in a crossed position

ROCK & CROSS, TOUCH & CROSS, FULL TURN, KNEE ROLL $\frac{1}{4}$ PIVOT

- 8&1 Rock left side left, recover right, cross left over right
- 2-3 Touch right side right, cross right over left
- 4&5 Pivot a full turn left pushing off the right and stepping left, right, left
- 6-7 Pivoting $\frac{1}{4}$ to the right off of left foot, hitch on right, roll right knee as you step down

CROSS ROCK, RECOVER, STEP BACK & KICK, STEP BACK & SQUAT, FORWARD LOCK STEPS

- 8&1 Cross rock left over right, recover on right, step left back and pop right knee forward
- 2 Kick out right foot
- 3 Step right behind left
- & Push hips forward
- 4 Push hips back and bend both knees forward into sitting position
- &5& Push hips forward, straighten legs, step off left foot
- 6&7 Step right forward, lock left behind left, step right forward

LOCK STEPS FORWARD, $\frac{1}{2}$ STEP PIVOT, SLIDE STEPS FORWARD, CROSS BEHIND STEPS FORWARD

- 8&1 Step left forward, lock right behind right, step left forward
- 2-3 Step right forward, pivot $\frac{1}{2}$ turn to the left and shift weight to left
- 4 Slide right forward diagonal right (ski step)
- 5 Slide left forward diagonal left (ski step)
- 6 Cross right behind left (stepping on ball of right foot) slightly bending down on knees for style effect
- &7 Step forward left, step right forward
- 8 Cross left behind right (stepping on ball of left foot) slightly bending down on knees for style effect
- & Step forward right

On the modified sailor steps (6-8) keep left hand out to side at shoulder height and right hand across the sternum (as if you were dancing with a partner pressed against you) - execute with Cuban motion

REPEAT

TAG

Following the 7th pattern

- 1 Step down on left and point left hand forward pointing down (palm down)
- 2-4 Hold
- 5 Step down $\frac{1}{2}$ to the right on right foot (now should be facing 1st wall) & place right hand forward pointing down (palm down)
- 6-8 Hold

1 Step down on left and point left hand forward pointing down (palm down)
2-4 Hold
5-7 Slowly raise left hand

8&1 Hitch right and step down on right

Hand movements (counts 8&1): move right hand up (8) and down (1) in the shape of a question mark snapping up at the top (&), on count 1 point left hand side left

2-4 Hold
5 Step forward diagonal right on left and point left hand diagonal forward
6-8 Hold

1-2 Turning $\frac{1}{2}$ right, step down on right and point right hand forward, hold
3-4 Turning $\frac{1}{4}$ right, step down on left and point left hand forward, hold
5 Turning $\frac{1}{4}$ right, step right forward and point right hand forward pointing down (palm down)
6-8 Hold

1 Step left next to right
2-4 Hold

Hand movements (counts 1-4): flip both hands down and around so palms are facing up and slowly raise hands

Begin dance again from count 1
