

The One I Love

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dave Morgan (UK)
音乐: You're The One I Love - David Gray



Dedicated to Jeff Hill and Karen Muskill

ROCK & CROSS ¼, ROCK & CROSS, ROCK & CROSS ¼, ROCK ¼ STEP

1&2 Rock right to right side, recover weight on left, make ¼ turn right, crossing right over left
3&4 Rock left to left side, recover weight on right, cross left over right
5&6 Rock right to right side, recover weight on left, make ¼ turn right crossing right over left
7&8 Rock left to left side, make ¼ turn right stepping forward on right, step forward on left

WALK RIGHT, LEFT RIGHT SHUFFLE, ROCK RECOVER, ½ SHUFFLE

9-10 Step forward on right, step forward on left
11&12 Step forward on right, step left beside right, step forward on right
13-14 Rock forward on left, recover weight on right
15&16 Step left ¼ turn left, step right beside left, step left ¼ turn left

LUNGE RECOVER, ROCK RECOVER, ½ SHUFFLE, ROCK RECOVER

17-18 Lunge right forward, recover weight on left
19-20 Rock back on right, recover weight on left
21&22 Step right ¼ turn right, step left beside right, step right ¼ turn right
23-24 Rock back on left, recover weight on right

STEP ½ SWEEP, BEHIND SIDE CROSS, ROCK RECOVER, CROSS SHUFFLE

25-26 Step left forward, pivot ½ turn right sweeping right out to right side
27&28 Step right behind left, step left to left side, step right across left
29-30 Rock left to left side, recover weight on right
31&32 Step left across right, step right to right side, step left across right

REPEAT
