

One Heart, One Dream

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: William Sevone (UK)
音乐: One Heart - Céline Dion



2X RIGHT SIDE TOE TAP, ½ RIGHT TRIPLE STEP, 2X LEFT SIDE TOE TAP, ½ LEFT TRIPLE STEP, (12:00)

1-2 (Leaning slightly left) tap right toe to right side, repeat tap
3&4 (On the spot) triple step ½ right stepping right-left-right
5-6 (Leaning slightly right) tap left toe to left side, repeat tap
7&8 (On the spot) triple step ½ left stepping left-right-left

CROSS ROCK, ROCK, ¼ RIGHT SHUFFLE FORWARD, ROCK FORWARD, ROCK, ½ LEFT COASTER STEP (OR OPTION), (9:00)

9-10 Cross rock right foot over left, rock onto left foot
11&12 Turn ¼ right & step forward onto right foot, close left foot next to right, step forward onto right foot
13-14 Rock forward onto left foot, rock onto right foot
15&16 Turn ½ left & step backward onto left foot, step right foot next to left, step forward onto left foot

Option: counts 15& 16: triple step ½ left -on the spot - stepping left-right-left

¼ RIGHT SIDE ROCK, ROCK, SAILOR STEP, STEP BEHIND, ¼ LEFT STEP BACKWARD, TRIPLE STEP, (3:00)

17-18 Turn ¼ left & rock right foot to right side, rock onto left foot
19&20 Cross step right foot behind left, step left foot to left side, step right foot to right side
21-22 Cross step left foot behind right, turn ¼ left & step backward onto right foot
23&24 (Bringing feet together) triple step on the spot stepping left-right-left

Dance note: count 23: step left foot next to right

SIDE ROCK, ROCK, CROSS SHUFFLE LEFT, SIDE ROCK, ROCK, CROSS SHUFFLE RIGHT, (3:00)

25-26 Rock right foot to right side, rock onto left foot
27&28 Cross step right foot over left, step left foot to left side, cross step right foot over left
29-30 Rock left foot to left side, rock onto right foot
31&32 Cross step left foot over right, step right foot to right side, cross step left foot over right

REPEAT

RESTART

Restart after count 24 on walls 4 and 8

FINISH

The dance will finish on count 24 of the 12th wall (facing home). Just add a 'touch hat brim with right hand & place left hand on left hip' on count 24 to finish off.